

Folk Dance Tribal Ritual And Martial Forms Hardcover

Meditation: The Complete Guide Patricia Monaghan 2011-10-05 Uniquely comprehensive, this one-stop resource describes thirty-?ve distinct meditation practices, detailing their historical background and contemporary use, ways to begin, and additional resources. The what and why of meditation in general are discussed, with emphasis on helping readers discover what particular type of meditators they are. Disciplines grounded in Buddhism, Tantrism, Taoism, Judaism, and Islam are included, as are contemplative prayer, Quaker worship, and indigenous traditions. Drumming, trance dancing, yoga, mindfulness, labyrinth walking, gardening, and even needle crafts are explored in a spirit that invites and instructs novice, devotee, and healing professional alike. How to choose an approach? The authors ask questions that steer readers toward options that match their habits, preferences, and needs.

The Body Keeps the Score Bessel A. Van der Kolk 2015-09-08 Originally published by Viking Penguin, 2014.

World Dance Cultures Patricia Beaman 2018 World Dance Cultures introduces an extraordinary variety of dance forms practiced around the world. Each section contains key points and trends; discussion questions; historical documentation and anthropological accounts of dance forms; and first-hand accounts from practitioners, along with suggestions for further reading and viewing.

A Finger in the Wound Diane M. Nelson 1999-04-01 Many Guatemalans speak of Mayan indigenous organizing as "a finger in the wound." Diane Nelson explores the implications of this painfully graphic metaphor in her far-reaching study of the civil war and its aftermath. Why use a body metaphor? What body is wounded, and how does it react to apparent further torture? If this is the condition of the body politic, how do human bodies relate to it—those literally wounded in thirty-five years of war and those locked in the equivocal embrace of sexual conquest, domestic labor, mestizaje, and social change movements? Supported by

three and a half years of fieldwork since 1985, Nelson addresses these questions—along with the jokes, ambivalences, and structures of desire that surround them—in both concrete and theoretical terms. She explores the relations among Mayan cultural rights activists, ladino (nonindigenous) Guatemalans, the state as a site of struggle, and transnational forces including Nobel Peace Prizes, UN Conventions, neo-liberal economics, global TV, and gringo anthropologists. Along with indigenous claims and their effect on current attempts at reconstituting civilian authority after decades of military rule, Nelson investigates the notion of Quincentennial Guatemala, which has given focus to the overarching question of Mayan—and Guatemalan—identity. Her work draws from political economy, cultural studies, and psychoanalysis, and has special relevance to ongoing discussions of power, hegemony, and the production of subject positions, as well as gender issues and histories of violence as they relate to postcolonial nation-state formation.

Transnational Transcendence Thomas J. Csordas 2023-09-01 This innovative collection examines the transnational movements, effects, and transformations of religion in the contemporary world, offering a fresh perspective on the interrelation between globalization and religion. Transnational Transcendence challenges some widely accepted ideas about this relationship—in particular, that globalization can be understood solely as an economic phenomenon and that its religious manifestations are secondary. The book points out that religion's role remains understudied and undertheorized as an element in debates about globalization, and it raises questions about how and why certain forms of religious practice and intersubjectivity succeed as they cross national and cultural boundaries. Framed by Thomas J. Csordas's introduction, this timely volume both urges further development of a theory of religion and globalization and constitutes an important step toward that theory.

A Patriot's History of the United States Larry Schweikart 2004-12-29 For the past three

decades, many history professors have allowed their biases to distort the way America's past is taught. These intellectuals have searched for instances of racism, sexism, and bigotry in our history while downplaying the greatness of America's patriots and the achievements of "dead white men." As a result, more emphasis is placed on Harriet Tubman than on George Washington; more about the internment of Japanese Americans during World War II than about D-Day or Iwo Jima; more on the dangers we faced from Joseph McCarthy than those we faced from Josef Stalin. A Patriot's History of the United States corrects those doctrinaire biases. In this groundbreaking book, America's discovery, founding, and development are reexamined with an appreciation for the elements of public virtue, personal liberty, and private property that make this nation uniquely successful. This book offers a long-overdue acknowledgment of America's true and proud history.

You Asked Aunt Rocky Morocco (stage name.) 2013-04 Over 50 years of research and experience... No other book contains such an in depth look at what we popularly call 'bellydance'. Country by country, region by region, Morocco breaks down customs, dances, rhythms and folklore while answering common questions and addressing major misconceptions about the world of Oriental dance. 'You Asked Aunt Rocky' is the definitive text book for the study of Raqs Sharqi and Raqs Shaabi. Informative enough for any scholarly study of the subject, yet written for those who love the dance, this great tome is a treasure and an asset to any collection on the arts of North Africa, Asia Minor and the Middle East.

Kiowa Military Societies William C. Meadows 2012-11-08 Warrior culture has long been an important facet of Plains Indian life. For Kiowa Indians, military societies have special significance. They serve not only to honor veterans and celebrate and publicize martial achievements but also to foster strong role models for younger tribal members. To this day, these societies serve to maintain traditional Kiowa values, culture, and ethnic identity. Previous scholarship has offered only glimpses of Kiowa military societies. William C. Meadows now provides a detailed account of the ritual

structures, ceremonial composition, and historical development of each society: Rabbits, Mountain Sheep, Horses Headdresses, Black Legs, Skunkberry /Unafraid of Death, Scout Dogs, Kiowa Bone Strikers, and Omaha, as well as past and present women's groups. Two dozen illustrations depict personages and ceremonies, and an appendix provides membership rosters from the late 1800s. The most comprehensive description ever published on Kiowa military societies, this work is unmatched by previous studies in its level of detail and depth of scholarship. It demonstrates the evolution of these groups within the larger context of American Indian history and anthropology, while documenting and preserving tribal traditions.

Decolonizing Pathways towards Integrative Healing in Social Work Kris Clarke 2020-10-01 Taking a new and innovative angle on social work, this book seeks to remedy the lack of holistic perspectives currently used in Western social work practice by exploring Indigenous and other culturally diverse understandings and experiences of healing. This book examines six core areas of healing through a holistic lens that is grounded in a decolonizing perspective. Situating integrative healing within social work education and theory, the book takes an interdisciplinary approach, drawing from social memory and historical trauma, contemplative traditions, storytelling, healing literatures, integrative health, and the traditional environmental knowledge of Indigenous Peoples. In exploring issues of water, creative expression, movement, contemplation, animals, and the natural world in relation to social work practice, the book will appeal to all scholars, practitioners, and community members interested in decolonization and Indigenous studies.

Love in the Time of Cholera (Illustrated Edition) Gabriel García Márquez 2020-10-27 A beautifully packaged edition of one of García Márquez's most beloved novels, with never-before-seen color illustrations by the Chilean artist Luisa Rivera and an interior design created by the author's son, Gonzalo García Barcha. In their youth, Florentino Ariza and Fermina Daza fall passionately in love. When Fermina eventually chooses to marry a wealthy, well-born doctor, Florentino is devastated, but

he is a romantic. As he rises in his business career he whiles away the years in 622 affairs—yet he reserves his heart for Fermina. Her husband dies at last, and Florentino purposefully attends the funeral. Fifty years, nine months, and four days after he first declared his love for Fermina, he will do so again.

The Invention of Tradition Eric Hobsbawm 1992-07-31 This book explores examples of this process of invention and addresses the complex interaction of past and present in a fascinating study of ritual and symbolism.

Magickal Dance Ted Andrews 1993 Learn to use movements and postures to create changes in your life and enhance spirituality, by reading *Magickal Dance* by Ted Andrews. In *Magickal Dance*, you will learn how directed physical movement creates electrical changes in the body that you can use to cause positive shifts in consciousness. Techniques in *Magickal Dance* also show you how to use motion to link the hemispheres of the brain, joining the rational and the intuitive to create balance, healing, strength, and psychic energy. Learn over twenty dances and other magickal movements and postures Dance your prayers into manifestation Open and close the veils between the physical and spiritual worlds Learn the occult significance and power of the body This book will show you how to choreograph your own evolution, through one of the most powerful forms of magickal ritual - dance. When you let your inner spirit express itself through movement, you can fire your vitality, revive depleted energies, awaken individual creativity, and transcend your usual perceptions. Make ritual masks and costumes Perform magickal pantomime to overcome obstacles, heal, strengthen, and energize Awaken the spirit totem Activate and raise the kundalini Align planetary and other celestial energies *Magickal dance* can be performed by anyone. No formal training is required. Dances for higher states of consciousness are simple, individual, and passionate. They do not require a large space. It is simply a matter of imbuing movement with greater significance and focus. It is not the talent that invokes the energy, but rather, the participation. All you need to know is in this book. You'll learn the secrets of imitating

animals to shapeshift and acquire their powers. You'll discover how to uses masks and incorporate aspects of theater. You'll see the value of spinning in place and how to dance for yourself. Bring spirit and energy into your life with *Magickal Dance*.

Way of the Ancient Healer Virgil Mayor Apostol 2012-06-12 *Way of the Ancient Healer* provides an overview of the rich tradition of Filipino healing practices, discussing their origins, world influences, and role in daily life. Enhanced with over 200 photographs and illustrations, the book combines years of historical research with detailed descriptions of the spiritual belief system that forms the foundation of these practices. Giving readers a rare look at modern-day Filipino healing rituals, the book also includes personal examples from author Virgil Mayor Apostol's own experiences with shamanic healing and dream interpretation. The book begins with an explanation of Apostol's Filipino lineage and legacy as a healer. After a brief history of the Philippine archipelago, he describes the roots of traditional Filipino healing and spirituality, and discusses the Indian, Islamic, Chinese, Japanese, Spanish, and American influences that have impacted the Filipino culture. He presents a thorough description of Filipino shamanic and spiritual practices that have developed from the concept that everything in nature contains a spirit (animism) and that living in the presence of spirits demands certain protocols and rituals for interacting with them. The book's final chapter thoughtfully explores the spiritual tools used in Filipino healing—talismans, amulets, stones, and other natural symbols of power.

Kiowa, Apache, and Comanche Military Societies William C. Meadows 2002-09 This study of Southern Plains military societies delineates comparatively and ethnohistorically the martial values embraced by the Kiowa, Comanche, and Apache (KCA) since circa 1800, describing how military society structure, functions, and ritual symbols connect past and present.

Bharatanatyam Ashish Mohan Khokar 2002-01-01 Ancient Indian dances originated either in worship or are ascribed to the gods themselves. Bharatanatyam was born in the temples. Today it is one of the most sought-after forms among students and aficionados of Indian

classical dance. Over the last two centuries Bharatanatyam has evolved from a highly codified style to one with maximum freedom to innovate. The dance's journey from the temple to the proscenium is the subject of this book.

Folk Songs of Goa José Pereira 2005 Dance song typically consisting of quatrains, frequently having appended choruses, set in six-four time; includes music with letter notation and lyrics in romanized Konkani and English translation.

Albion's Seed David Hackett Fischer 1991-03-14 This fascinating book is the first volume in a projected cultural history of the United States, from the earliest English settlements to our own time. It is a history of American folkways as they have changed through time, and it argues a thesis about the importance for the United States of having been British in its cultural origins. While most people in the United States today have no British ancestors, they have assimilated regional cultures which were created by British colonists, even while preserving ethnic identities at the same time. In this sense, nearly all Americans are "Albion's Seed," no matter what their ethnicity may be. The concluding section of this remarkable book explores the ways that regional cultures have continued to dominate national politics from 1789 to 1988, and still help to shape attitudes toward education, government, gender, and violence, on which differences between American regions are greater than between European nations.

The Creative Habit Twyla Tharp 2009-03-24 One of the world's leading creative artists, choreographers, and creator of the smash-hit Broadway show, *Movin' Out*, shares her secrets for developing and honing your creative talents—at once prescriptive and inspirational, a book to stand alongside *The Artist's Way* and *Bird by Bird*. All it takes to make creativity a part of your life is the willingness to make it a habit. It is the product of preparation and effort, and is within reach of everyone. Whether you are a painter, musician, businessperson, or simply an individual yearning to put your creativity to use, *The Creative Habit* provides you with thirty-two practical exercises based on the lessons Twyla Tharp has learned in her remarkable thirty-five-year career. In "Where's Your Pencil?" Tharp reminds you to observe the

world -- and get it down on paper. In "Coins and Chaos," she gives you an easy way to restore order and peace. In "Do a Verb," she turns your mind and body into coworkers. In "Build a Bridge to the Next Day," she shows you how to clean the clutter from your mind overnight. Tharp leads you through the painful first steps of scratching for ideas, finding the spine of your work, and getting out of ruts and into productive grooves. The wide-open realm of possibilities can be energizing, and Twyla Tharp explains how to take a deep breath and begin...

Origins of the Gods Andrew Collins 2022-04-19 • Explores how our ancestors used shamanic rituals at sacred sites to create portals for communication with nonhuman intelligences • Shares supporting evidence from the spiritual and shamanic beliefs of more than 100 Native American tribes • Shows how the earliest forms of shamanism began at sites like Qesem Cave in Israel more than 400,000 years ago From Göbekli Tepe in Turkey to the Egyptian pyramids, from the stone circles of Europe to the mound complexes of the Americas, Andrew Collins and Gregory L. Little show how, again and again, our ancestors built permanent sites of ceremonial activity where geomagnetic and gravitational anomalies have been recorded. They investigate how the earliest forms of animism and shamanism began at sites like the Denisova Cave in the Altai Mountains of Siberia and Qesem Cave in Israel more than 400,000 years ago. They explain how shamanic rituals and altered states of consciousness combine with the natural forces of the earth to create portals for contact with otherworldly realms—in other words, the gods of our ancestors were the result of an interaction between human consciousness and transdimensional intelligence. The authors show how the spiritual and shamanic beliefs of more than 100 Native American tribes align with their theory, and they reveal how some of these shamanic transdimensional portals are still active, sharing vivid examples from Skinwalker Ranch in Utah and Bempton in northern England. Ultimately, Collins and Little show how our modern disconnection from nature and lack of a fully visible night sky makes the manifestations from these ultraterrestrial intelligences seem random. If we can restore our spiritual connections,

perhaps we can once again communicate with the higher dimensional beings who triggered the advancements of our earliest ancestors.

That's the Joint! Murray Forman 2004

Spanning 25 years of serious writing on hip-hop by noted scholars and mainstream journalists, this comprehensive anthology includes observations and critiques on groundbreaking hip-hop recordings.

Class Paul Fussell 1992 This book describes the living-room artifacts, clothing styles, and intellectual proclivities of American classes from top to bottom.

The Professor in the Cage Jonathan Gottschall 2016-03-15 "When a mixed martial arts (MMA) gym moves in across the street from his office, Jonathan Gottschall sees a challenge, and an opportunity. Pushing forty, out of shape, and disenchanted with his job as an adjunct English professor, part of him yearns to cross the street and join up. The other part is terrified.

Gottschall eventually works up his nerve, and starts training for a real cage fight. He's fighting not only as a personal test but also to answer questions that have intrigued him for years: Why do men fight? And why do so many seemingly decent people like to watch?"--Amazon.com.

Orality: the Quest for Meanings Zothanchhingi Khiangte 2016-10-28 This collection assembles significant research papers on the concept of orality, theoretical approaches, and oral traditions juxtaposed with writing, culture, and folklore. Many of the essays also deal with issues of gender in oral cultures like those of Northeast India. The collection serves as an introduction to the varied ways in which the analysis of oral traditions has revitalized the quest for meanings in orality.

Elements of Ritual and Violence Margo Kitts 2018-07-26 Ritualized violence is by definition not haphazard or random, but seemingly intentional and often ceremonial. It has a long history in religious practice, as attested in texts and artifacts from the earliest civilizations. It is equally evident in the behaviors of some contemporary religious activists and within initiatory practices ongoing in many regions of the world. Given its longevity and cultural expanse, ritualized violence presumably exerts a pull deeply into the sociology, psychology, anthropology, theology, perhaps even ontology

of its practitioners, but this is not transparent. This short volume will sketch the subject of ritualized violence, that is, it will summarize some established theories about ritual and about violence, and will ponder a handful of striking instantiations of their link.

The Martial Arts of Indonesia Donn F. Draeger 2021-04-06 Preserved in music, dance, and art--as well as in ritual, tribal law, and mythology--the fighting arts of the Indonesian archipelago play a central role in Indonesian culture. The Martial Arts of Indonesia is a heavily illustrated and well-researched work from revered martial arts scholar and teacher Donn F. Draeger.

Draeger offers an expert's perspective on the story of Indonesia's martial culture, providing a comprehensive introduction to the sophisticated forms of empty-hand combat. These acrobatic fighting styles like Pencak Silat--which was granted World Cultural Heritage status by UNESCO in 2019--and Kuntao are growing in popularity around the world. This book also has extensive information on traditional Indonesian weapons including: Keris: A dagger with a waved blade and pistol-grip handle Kujang: A sickle-shaped dagger with a distinctive curve Rencong: An L-shaped knife with a slightly curved blade Draeger shows how these unique Indonesian forms are related to their mainland cousins, provides a historical context for their development, and describes the various combat methods employed throughout Indonesia. This edition includes a new foreword by Gary Nathan Gartenberg, the world's leading expert on Indonesian martial arts, which explains the lasting importance of this classic study of an ancient martial tradition. With over 400 photos and illustrations of moves and weapons that showcase the intricacies of the Indonesian fighting forms, The Martial Arts of Indonesia is an indispensable addition to any martial artist's library.

Manipuri Dance and Culture 2018

Hinduism and the Religious Arts Heather Elgood 2000-04-01 The roots between the Hindu religion and the wider culture are deep and uniquely complex. No study of either ancient or contemporary Indian culture can be undertaken without a clear understanding of Hindu visual arts and their sources in religious belief and practice. Defining what is meant by religion - no

such term exists in Sanskrit - and what is understood by Hindu ideals of beauty, Heather Elgood provides the best synthesis and critical study of recent scholarship on the topic. In addition, this book offers critical background information for anyone interested in the social and anthropological roots of artistic creativity, as well as the rites, practices and beliefs of the hundreds of millions of Hindus in the world today.

Fire in the Minds of Men James H. Billington 1999 This book traces the origins of a faith--perhaps the faith of the century. Modern revolutionaries are believers, no less committed and intense than were Christians or Muslims of an earlier era. What is new is the belief that a perfect secular order will emerge from forcible overthrow of traditional authority. This inherently implausible idea energized Europe in the nineteenth century, and became the most pronounced ideological export of the West to the rest of the world in the twentieth century. Billington is interested in revolutionaries--the innovative creators of a new tradition. His historical frame extends from the waning of the French Revolution in the late eighteenth century to the beginnings of the Russian Revolution in the early twentieth century. The theater was Europe of the industrial era; the main stage was the journalistic offices within great cities such as Paris, Berlin, London, and St. Petersburg. Billington claims with considerable evidence that revolutionary ideologies were shaped as much by the occultism and proto-romanticism of Germany as the critical rationalism of the French Enlightenment. The conversion of social theory to political practice was essentially the work of three Russian revolutions: in 1905, March 1917, and November 1917. Events in the outer rim of the European world brought discussions about revolution out of the school rooms and press rooms of Paris and Berlin into the halls of power. Despite his hard realism about the adverse practical consequences of revolutionary dogma, Billington appreciates the identity of its best sponsors, people who preached social justice transcending traditional national, ethnic, and gender boundaries. When this book originally appeared The New Republic hailed it as "remarkable, learned and lively," while The New Yorker noted that Billington

"pays great attention to the lives and emotions of individuals and this makes his book absorbing." It is an invaluable work of history and contribution to our understanding of political life.

Weapons & Fighting Arts of Indonesia Donn F. Draeger 2012-03-06 The Indonesian talent for harmoniously blending indigenous styles with the arts of the Asian mainland has given rise to fighting arts that are among the most fascinating in the world. Preserved in music, dance, and art as--well as in ritual, tribal law, and mythology--the fighting arts of Indonesian archipelago play a central role in Indonesian culture. Weapons and Fighting Arts of Indonesia -- a profusely illustrated and well researched work from renowned scholar and martial arts teacher Donn F. Draeger -- provides a comprehensive introduction to the sophisticated forms of empty-hand combat and myriad unique weapons that characterize Indonesian fighting styles like Pentjak-silat and Kuntao. Draeger shows how the forms are related to their mainland cousins, provides a historical context for their development, and describes the combat methods of Menangkabau warriors, Alefuru headhunters and the Celates pirates. With over 400 illustrations, Weapons and Fighting Arts of Indonesia is an indispensable addition to any martial artist's library.

The Healing Power of the Drum Robert Lawrence Friedman 2020-10 In The Healing Power of the Drum psychotherapist and drum facilitator, Robert Lawrence Friedman weaves an extraordinary tapestry of personal experience, fascinating anecdotes, and compelling research, demonstrating the hand drum's capacity to provide significant health benefits for everyone. This breakthrough book examines the use of hand drums in treating at-risk adolescents, stress-out employees, veterans, Alzheimer's disease, Parkinson's disease, Multiple Sclerosis, Autism and more. Find joy and self-expression in The Healing Power of the Drum.

Dust of the Zulu Louise Meintjes 2017-07-21 In Dust of the Zulu Louise Meintjes traces the political and aesthetic significance of ngoma, a competitive form of dance and music that emerged out of the legacies of colonialism and apartheid in South Africa. Contextualizing

ngoma within South Africa's history of violence, migrant labor, the HIV epidemic, and the world music market, Meintjes follows a community ngoma team and its professional subgroup during the twenty years after apartheid's end. She intricately ties aesthetics to politics, embodiment to the voice, and masculine anger to eloquence and virtuosity, relating the visceral experience of ngoma performances as they embody the expanse of South African history. Meintjes also shows how ngoma helps build community, cultivate responsible manhood, and provide its participants with a means to reconcile South Africa's past with its postapartheid future. *Dust of the Zulu* includes over one hundred photographs of ngoma performances, the majority taken by award-winning photojournalist TJ Lemon.

World Dance Cultures Patricia Leigh Beaman 2023-09-20 From healing, fertility, and religious rituals, through theatrical entertainment, to death ceremonies and ancestor worship, the updated and revised second edition of *World Dance Cultures* introduces an extraordinary variety of dance forms and their cultures, which are practiced around the world. This highly illustrated textbook draws on wide-ranging historical documentation and first-hand accounts taking in India, Bali, Java, Cambodia, China, Japan, Hawai'i, New Zealand, Papua New Guinea, Africa, Türkiye, Spain, Native America, South America, and the Caribbean, with this second edition adding new chapters on the Pacific Islands, Southern Africa, France, and Cuba. Each chapter covers a certain region's distinctive dances, pinpoints key issues and trends from the form's development to its modern iteration, and offers a wealth of study features including: • Spotlights zooming in on key details of a dance form's cultural, historical, and religious contexts • Explorations—first-hand descriptions by famous dancers and ethnographers, excerpts from anthropological fieldwork, or historical writings on the form • Think About—provocations to encourage critical analysis of dance forms and the ways in which they're understood • Discussion Questions—starting points for group work, classroom seminars, or individual study. Offering a comprehensive overview of each dance form covered with over 100 full color photos, *World*

Dance Cultures is an essential introductory resource for students and instructors alike. [Black Elk Speaks](#) Black Elk 2014-03-01 Reveals the life of Lakota healer Nicholas Black Elk as he led his tribe's battle against white settlers who threatened their homes and buffalo herds, and describes the victories and tragedies at Little Bighorn and Wounded Knee. Reprint.

Chinese Dance Shih-Ming Li Chang 2016 As China becomes increasingly important in world relations, many components of the country's cultural arts remain unknown outside its borders. Shih-Ming Li Chang and Lynn E. Frederiksen's *Chinese Dance: In the Vast Land and Beyond* undertakes the challenge of discovering the relationship between Chinese dance in its many forms and the cultural contexts of dance within the region and abroad. As a comprehensive resource, *Chinese Dance* offers students and scholars an invaluable introduction to the subject. It serves as a foundation of common knowledge from which Chinese and English-language communities can begin a cross-cultural conversation about Chinese dance. The text, along with a comprehensive glossary of key terms, gives English-language readers a chance to understand the development of Chinese dance as it is officially articulated by historians and dance scholars in Asia. An online database of video clips, an extensive bibliography, and Web-based appendices provide a broad collection of primary source materials that invite interactive and flexible engagement by a range of users. The inclusion of interviews with Chinese dance practitioners in North America offers a view into the Asian diaspora experience. Hardcover is un-jacketed.

The History Of Dance - Ritual Dance Lilly Grove 2016-10-03 This vintage book is a treatise on ritualistic dancing. It delves into the fascinating history of dancing in ancient societies and explores its development within religions ceremonies throughout the ages from the ancient Egyptians to modern Christianity. "The History Of Dance - Ritual Dance" is highly recommended for those with an interest in the relationship between dance and religion and would make for a worthy addition to any collection. Many vintage books such as this are increasingly scarce and expensive. It is with this

in mind that we are republishing this volume now in an affordable, modern edition complete with a specially commissioned new introduction on dance.

Martial Arts as Embodied Knowledge D. S.

Farrer 2011-12-01 This landmark work provides a wide-ranging scholarly consideration of the traditional Asian martial arts. Most of the contributors to the volume are practitioners of the martial arts, and all are keenly aware that these traditions now exist in a transnational context. The book's cutting-edge research includes ethnography and approaches from film, literature, performance, and theater studies. Three central aspects emerge from this book: martial arts as embodied fantasy, as a culturally embedded form of self-cultivation, and as a continuous process of identity formation. Contributors explore several popular and highbrow cultural considerations, including the career of Bruce Lee, Chinese wuxia films, and Don DeLillo's novel *Running Dog*. Ethnographies explored describe how the social body trains in martial arts and how martial arts are constructed in transnational training. Ultimately, this academic study of martial arts offers a focal point for new understandings of cultural and social beliefs and of practice and agency.

Indians and Wannabes Ann M. Axtmann

2013-12-10 Colloquially the term "powwow" refers to a meeting where important matters will be discussed. However, at the thousands of Native American intertribal dances that occur every year throughout the United States and Canada, a powwow means something else altogether. Sometimes lasting up to a week, these social gatherings are a sacred tradition central to Native American spirituality. Attendees dance, drum, sing, eat, re-establish family ties, and make new friends. In this compelling interdisciplinary work, Ann Axtmann examines powwows as practiced primarily along the Atlantic coastline, from New Jersey to New England. She offers an introduction to the many complexities of the tradition and explores the history of powwow performance, the variety of their setups, the dances themselves, and the phenomenon of "playing Indian." Ultimately, Axtmann seeks to understand how the dancers express and embody power through their moving bodies and what the dances signify for the

communities in which they are performed.

Performance Tradition in India Sureśa

Avasthī 2001 This book gives a comprehensive account of various art forms as practiced in different corners of India almost as a way of life. Written in a lucid style, different aspects of the rich performance tradition of the country with its own typical myths, customs, traditions and folk life get unraveled before us in these pages.

Folk Dance Ashish Khokar 2003 India dances to the rhythms of its million rural feet. Uninitiated into the classical traditions of dancing, with no formal training, these dancers have no reason to dance except to vigorously celebrate life. And the folk traditions of India do accommodate a whole lot of occasions to celebrate. There are over a hundred forms of folk dance in India, with regional variations. This book takes the reader on an exciting, rhythmic journey through the world of Indian folk dance.

The World Until Yesterday Jared Diamond

2013-01-10 From the author of No. 1 international bestseller *Collapse*, a mesmerizing portrait of the human past that offers profound lessons for how we can live today. Visionary, prize-winning author Jared Diamond changed the way we think about the rise and fall of human civilizations with his previous international bestsellers *Guns, Germs and Steel* and *Collapse*. Now he returns with another epic - and groundbreaking - journey into our rapidly receding past. In *The World Until Yesterday*, Diamond reveals how traditional societies around the world offer an extraordinary window onto how our ancestors lived for the majority of human history - until virtually yesterday, in evolutionary terms - and provide unique, often overlooked insights into human nature. Drawing extensively on his decades working in the jungles of Papua New Guinea, Diamond explores how tribal societies approach essential human problems, from childrearing to conflict resolution to health, and discovers we have much to learn from traditional ways of life. He unearths remarkable findings - from the reason why modern afflictions like diabetes, obesity and Alzheimer's are virtually non-existent in tribal societies to the surprising benefits of multilingualism. Panoramic in scope and thrillingly original, *The World Until Yesterday*

provides an enthralling first-hand picture of the human past that also suggests profound lessons for how to live well today. Jared Diamond is the Pulitzer Prize-winning author of the seminal million-copy-bestseller *Guns, Germs, and Steel*, which was named one of TIME's best non-fiction books of all time, and *Collapse*, a #1 international bestseller. A professor of geography at UCLA and noted polymath, Diamond's work has been influential in the fields of anthropology, biology, ornithology, ecology and history, among others.

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delve into the intricacies of the platform, exploring its features, content diversity, user interface, and the overall reading experience it promises.

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