

Fishing For Barracuda Pragmatics Of Brief Systemic Therapy

Motivational Enhancement Therapy Manual 1992

Linking Parents to Play Therapy Deborah Killough-McGuire 2013-06-17 Linking Parents to Play Therapy is a practical guide containing essential information for play therapists. It includes coverage of legal and medical issues, pragmatic assignments for parents, guidelines for working with angry and resistant parents, a listing of state protective and advocacy agencies, and tips for working with managed care. Combining theoretical understanding with a variety of techniques, this book makes working with parents possible, practical, and productive.

Handbook Of Structured Techniques In Marriage And Family Therapy Robert Sherman 2013-06-17 Published in the year 1986, Handbook of Structured Techniques in

Marriage and Family Therapy is a valuable contribution to the field of Family Therapy. An Introduction to Marriage and Family Therapy Joseph L. Wetchler 2014-08-27 Now in its second edition, this text introduces readers to the rich history and practice of Marriage and Family Therapy, with 32 professionals from across the US presenting their knowledge in their areas of expertise. This blend of approaches and styles gives this text a unique voice and makes it a comprehensive resource for graduate students taking their first course in Marriage and Family Therapy. The book is divided into three sections: Part 1 focuses on the components on which 21st century family therapy is based and summarizes the most recent changes made to not only therapeutic interventions, but to the very concept of "family." Part 2 presents an

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overview of the 7 major theoretical models of the field: structural, strategic, Milan, social constructionist, experiential, transgenerational, and cognitive-behavioral family therapy. Each chapter in this section • Focuses on the founder of the theory, its theoretical tenants, and its key techniques • Shows how the model focuses on diversity • Presents the research that supports the approach Part 3 addresses specific treatment areas that are common to marriage and family therapists, such as sex therapy, pre-marital therapy, research, and ethics and legal issues. As an introduction to the field of Marriage and Family Therapy, this volume stands above the rest. Not only will readers gain an understanding of the rich history of the field and its techniques, but they will also see a complete picture of the context in which families are embedded, such as gender, culture, spirituality, and sexual orientation. This knowledge is the key to understanding what differentiates Marriage and

Therapy from individual psychotherapy. Glossaries, case studies, tables, figures, and appendices appear generously throughout the text to present this information and give students a thorough overview to prepare them for their professional lives.

Treating Chemically Dependent Families John T. Edwards 1990
Treating Chemically Dependent Families

Attachment in the Preschool Years Mark T. Greenberg 1990

This collection of original articles by leading specialists in child development brings together work from diverse backgrounds and disciplines to establish, for the first time, the importance of the preschool period (eighteen months to four years) for parent-child attachment relationships. Balancing theoretical, research-oriented, and clinical papers, *Attachment in the Preschool Years* provides valuable data and approaches for those working in a wide range of fields, including developmental psychology and psychopathology, child

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psychiatry, family therapy, pediatrics, nursing, and early childhood education. "There is a wealth of information and thought in this book; it does not have a weak or uninteresting chapter, starting with the Preface by Emde, and as a whole, it forms a sort of seminar."—John E. Bates, Contemporary Psychology

Brief Therapy and Managed Care Michael F. Hoyt
1995-05-02 In this timely resource book, comprising original chapters and carefully selected reprints, Hoyt presents guidelines for offering psychotherapy that is both conscientiously managed as well as appropriate and sensitive to the needs of different clients. The author offers an overview of the current field of brief psychotherapies and examines various issues that can advance or impede efficient treatment. Using numerous case examples, Hoyt describes several models of brief psychotherapy - solution-oriented, psychodynamic, cognitive-behavioral,

transactional analytic, Ericksonian - that are well suited for improving quality while containing costs. In addition to therapy with individuals, he describes approaches for working with couples and conducting group therapy, and also addresses training and supervision issues.

Pastor, Our Marriage Is in Trouble Charles L. Rassieur
2014-04-04 Acting with genuine care and concern, pastors can be effective in helping married couples resolve difficulties and discover reconciliation, joy, and love. The question often is, "How do I do it?" In *Pastor, Our Marriage Is in Trouble*, Charles L. Rassieur, an experienced counselor, outlines a step-by-step approach that takes the pastor from beginning to end in a process of short-term intervention and counseling. A helpful tool in the process is the Pastoral Marriage Counseling Questionnaire, which can be used in gathering essential information about both spouses and their relationships. In addition, you'll

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find important information about: a rationale for the need and opportunity for pastoral intervention in troubled marriages how the marriage counseling process begins with the initial pastoral contact with one or both spouses help for the pastor in preparing for individual counseling sessions with each spouse important topics for marriage counseling regardless of which approach or model is used the last two sessions of counseling: deciding whether to end counseling, to refer the couple to other professional resources, or to contract with the couple for further counseling sessions

Doing What Works in Brief Therapy Ellen K. Quick

1996-04-19 The first of its kind, *Doing What Works in Brief Therapy* is a guidebook to strategic solution focused therapy, a model which combines the principles and techniques of the Mental Research Institute's brief strategic therapy and the Brief Family Therapy Center's solution focused therapy. The book explains how the strategic

emphasis on clarification of the problem and interruption of what does not work can complement and enhance the solution-focused emphasis on amplification of what does work. The text reviews the theory and presents specific treatment techniques. Case examples illustrate how the model has been used in brief, intermittent, and single-session therapy in a managed care setting. Brief psychotherapy doesn't have to result in chronic frustration for the therapist or superficial, second-rate care for the client. This book presents an approach that is upbeat, practical, and eminently workable in managed care. The reader learns to focus on critical issues with exquisite precision and to construct creative, individualized interventions that amplify what works and interrupt what does not. Integrates strategic therapy and solution focused therapy Includes guidelines for intervention and when to do what Provides applications for couples: indications for

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separate or joint sessions

Considers both therapy and medication as successful and unsuccessful solutions

Features excerpts and clinically rich examples

Family Therapy Michael P. Nichols 1991

Brief Therapy and Beyond

Michael F. Hoyt 2017-08-25

Brief Therapy and Beyond is a collection of new and selected papers by prominent psychologist Michael Hoyt. Numerous clinical vignettes and informative discussions describe time-sensitive treatments to relieve psychological distress and/or promote growth. Drawing from an encyclopedic knowledge of the professional literature as well as humor, poetry, sports, and candid revelation, Hoyt illustrates the importance of stories, language, love, hope, and time in shaping worldviews that inspire and empower clients and clinicians to make effective and efficient changes.

Marriage and Family Therapy

Linda Metcalf, PhD, LPC-S,

LMFT-S 2011-06-23 There are many different models of

marriage and family therapy,

the challenge for students and beginning practitioners is deciding which one best suits their individual purposes. This highly practical volume elucidates the defining characteristics of 14 contemporary models, including their history, views of change, views of family and the role of the therapist; and methods of assessing family dynamics, goal setting; facilitating change; and knowing when to terminate. Each chapter also includes a template for implementing therapy models, and realistic case studies-many drawn from actual practice-to illustrate how each model would address common issues. In addition, the volume includes extensive interviews with master therapists such as Albert Ellis, Insoo Kim Berg, Sue Johnson, Susan McDaniel, Derald Wing Sue, and many others. They share their ideas of the ways in which change occurs, how they set goals, and how they perform therapy. For further clarification, each therapist

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illustrates how he/she would proceed via the same case study. Learning how to perform effective family therapy can be an arduous process of trial and error, yet this resource will ease the way for students and currently practicing family therapists who need to revisit the basics. Modalities Included Bowen Family Systems Theory Contextual Family Therapy Cognitive Behavioral Family Therapy Models Rational Emotive Behavior Therapy Symbolic-Experiential Family Therapy Satir Human Validation Process Model Milan Systemic Family Therapy Structural Family Therapy Strategic Family Therapy Solution-Focused Brief Therapy with Families Narrative Therapy with Families Emotionally Focused Therapy Medical Family Therapy Family Psychoeducation Key Features: Introduces the theory, history, theoretical assumptions, techniques, and components of each model Includes a template for using each model, from the initial meeting through assessment, intervention, and

termination Provides numerous interviews with master therapists Includes case study commentary and analysis by master therapists Suggests questions, therapeutic strategies, and/or comments to consider for each therapeutic phase Includes a personality inventory to help readers select the most effective modality **Fishing for Barracuda** Joel S. Bergman 1985 Fishing For Barracuda? Is this a book about therapy? Most certainly! An Introduction To Family Therapy Dallos, Rudi 2010-05-01 Lists of key texts and diagrams, suggested reading organized by topic, and practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice.

What Is Psychotherapy

Jeffrey K. Zeig 1990-11-15 This book draws on the expertise of eighty-eight psychotherapists who have contributed significantly to the development of their field. It offers an in-depth look at each

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contributor's therapeutic approach, detailing the way they practice psychotherapy, the theories on which they base their techniques, and their analysis of the strengths and weaknesses of their approach. *Solving Problems In Couples And Family Therapy* Robert Sherman 2013-05-13 First Published in 1992. Routledge is an imprint of Taylor & Francis, an informa company.

Counseling Techniques

Rosemary A. Thompson 2015-08-27 The third edition of *Counseling Techniques* follows in its predecessors' steps, presenting the art and science of counseling in a clear and common-sense manner that makes it accessible for counseling students and seasoned practitioners alike. New to this edition are chapters on play therapy and a host of other updates that illustrate ways to use different techniques in different situations. *Counseling Techniques* stresses the need to recognize and treat the client within the context of culture, ethnicity, interpersonal

resources, and systemic support, and it shows students how to meet these needs using more than five hundred treatment techniques, each of which is accompanied by step-by-step procedures and evaluation methods.

An Introduction to Family Therapy: Systemic Theory and Practice Rudi Dallos

2015-09-16 The fourth edition of the bestselling *An Introduction to Family Therapy* provides an overview of the core concepts informing family therapy and systemic practice, covering the development of this innovative field from the 1950s to the present day. The book considers both British and International perspectives and includes the latest developments in current practice, regulation and innovation, looking at these developments within a wider political, cultural and geographical context. The fully revised fourth edition also contains new material on: EXPANDED Chapter 4 'Ideas that keep knocking on the door'-updated with applications

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of attachment & narrative therapy, linking these ideas to issues of developing the therapeutic alliance with families EXPANDED Chapter 5 'Systemic Formulation'- updated with a view of formulation as a core skill in many therapeutic models, and an alternative to diagnosis EXPANDED Chapter 6 '21st Century Practice Development'- updated to include cutting edge innovations in the field, such as integrative practice EXPANDED Chapter 7 'Couple Therapy'- updated to include the more recent process and outcome research in the models, making link with current systemic practice and using more illustrative examples and highlighting how Relate has changed EXPANDED Chapter 8 'Research and Evaluation'- updated with a greater range or research methods and contemporary emphasis on evidence based practice Greater focus on key family therapy skills throughout the book in the updated 'Formats

of Exploration' feature in each chapter Expanded lists of key texts and diagrams, suggested reading organized by topic, and new practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice. This book is key reading for students and practitioners of family therapy and systemic practice as well as those from the fields of counselling, psychology, social work and the helping professions who deal with family issues.

National Library of Medicine Current Catalog

National Library of Medicine (U.S.)

Counseling Techniques

Rosemary Thompson 2003

First Published in 2003.

Routledge is an imprint of Taylor & Francis, an informa company.

The Handbook of Systemic Family Therapy, The Profession of Systemic Family Therapy

Richard B. Miller 2020-10-19

This first volume of the The Handbook of Systemic Family Therapy includes extensive

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work on the theory, practice, research, and policy foundations of the profession of CMFT and its roles in an integrated health care system. Developed in partnership with the American Association for Marriage and Family Therapy (AAMFT), it will appeal to clinicians, such as couple, marital, and family therapists, counselors, psychologists, social workers, and psychiatrists. It will also benefit researchers, educators, and graduate students involved in CMFT.

Treating the Traumatized Child Scott P. Sells 2017-12-15

"This book builds upon my early work and the work and others by offering a comprehensive guide to practitioners interested in facing and helping to heal trauma and manage the drama systemically with a special focus on children and adolescents. The FST Model is a contribution to the fields of trauma, family sciences, and human development practice."

--Charles R. Figley, PhD;
Kurzweg Chair in Disaster

Mental Health at Tulane University in New Orleans This is the first book that addresses trauma treatment for child and adolescents using a Family Systems Trauma (FST) model which goes beyond individual therapy to include the child and their entire family. Co-written by a renowned family therapist who created the Parenting with Love and Limits® model, it delivers a research-based, step-by-step approach that incorporates the child's immediate family along with their extended family to treat the traumatized child or adolescent. Using a "stress chart," the child or adolescent's trauma symptoms are quickly identified. This strategy guides therapists in accurately diagnosing root causes of the child's trauma and culminates in the creation of co-created "wound playbooks" to heal trauma in both the child as well as other family members. Additional helpful features include extensive case examples, a menu of trauma techniques, wound playbook examples, evaluation forms,

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client handouts, and other practical tools to provide the therapist with a complete guide to implementing this approach. Child and family therapists, social workers, mental health counselors, and psychologists working in a variety of settings will find this book a valuable resource. Key Features: Provides a step-by-step, practice focused, time-limited model Uses a family systems approach for addressing child and adolescent trauma--the only book of its kind Includes useful tools such as checklists, client handouts, and evaluation forms

Planned Short-term

Psychotherapy Bernard L. Bloom 1997 This book provides in a comprehensive, integrative, analytic, and evaluative overview of the field of planned short-term psychotherapy that will be of great benefit to therapists already in practice. The author considers both clinical and methodological issues pertinent to planned short-term psychotherapy and he examines this emerging field in

terms of its health policy implications. Emphasis is placed on actual as well as potential contributions of planned short-term psychotherapy to the field of clinical mental health practice. After describing the history of the field and examining the outcome studies that have evaluated brief psychotherapy, the author introduces and describes 17 different approaches. This is followed by a look at planned short-term psychotherapy in five different clinical settings--including medical settings and group and family settings. The final two chapters deal with general issues that affect the field. For professionals working in the field of psychology/psychotherapy.

Brief Strategic Solution-oriented Therapy of Phobic and Obsessive Disorders

Giorgio Nardone 1996 This book is about psychological disorders based on irrational fears - those apparently unmotivated, paralyzing, panic-filled, gutwrenching fears whose multiplicity and

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diversity are barely contained in the diagnoses phobias and obsessional disorders. The author, worldrenowned therapist Giorgio Nardone, offers a brief (usually less than 20 session) treatment method that leads to a change in the interpersonal, cognitive, and emotional organizations underlying these painful and all too-common problems. Therapists using a strategic framework focus on reframing patients' representations of self and other, and on changing the relational patterns that sustain fearful perceptions. Based on extensive research and illustrated with in-depth clinical examples, this book offers hope to those whose lives have been unnecessarily limited by their phobias and obsessions. Strategic brief therapy, as developed by John H. Weakland, Paul Watzlawick, and Richard Fisch, is based on a very simple idea problems are accidentally maintained by our repeated, failed attempts at solving them. In this book, Giorgio Nardone uses the strategic brief therapy lens to

focus on how particular troubles are accidentally maintained and how therapist and client can overcome them. The follow-up (79 percent resolved and 7 percent much improved) certainly points to the efficacy of Nardone's approach. Giorgio Nardone's strategic psychotherapy model shows specific originality and an innovative quality compared to other brief therapy models. Phobic and obsessive disorders are difficult to treat. Nardone's model achieves rapid symptom remission even in severe forms of panic, fear, and phobia. This book is a very practical manual for professionals because it guides the reader clearly through the different stages of therapy and presents treatment protocol as well as concrete examples of results. A study of two clinical cases, complete with a transcript of therapy, not only enhances comprehension of the model but underscores the brilliance of the

Evolving Possibilities

Stephanie O'Hanlon

2013-05-13 First Published in

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1999. When we attend a workshop or read a book, we usually encounter the end result of someone's research, theorizing, or contemplation. However, it is often true that the process of reaching that end-point is just as informative as the end-point itself. *Evolving Possibilities* is just such a look at the process. In a way, it offers a behind-the-scenes look at Bill O'Hanlon's approach to therapy. This book is a collection of twenty essays and articles written or co-written by Bill O'Hanlon. They span a time period from 1986 to the present. The articles are grouped into four different approaches to psychotherapy: Ericksonian/Strategic Approaches, Solution-Oriented Therapy, Possibility Therapy, and Inclusive Therapy. Moving through these four groups of essays, the reader has the unique opportunity to witness the evolution and transformation of a therapist's thoughts regarding a variety of therapeutic issues. The book offers a refreshing, open look at one therapist's attempts to

make sense of psychotherapy, including views that have sparked debate within the professional community. By offering a private look into Bill O'Hanlon's public persona, *Evolving Possibilities* provides the reader with a thought-provoking study in professional development that is of interest to anyone engaged in the pursuit of more effective psychotherapeutic techniques and approaches.

Story Re-Visions Alan Parry

1994-09-09 "Once upon a time, everything was understood through stories....The philosopher Friedrich Nietzsche once said that 'if we possess our why of life we can put up with almost any how.'...Stories always dealt with the why' questions. The answers they gave did not have to be literally true; they only had to satisfy people's curiosity by providing an answer, less for the mind than for the soul." --From Chapter 1 Each of us has a story to tell that is uniquely personal and profoundly meaningful. The goal of the modern therapist is

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to help clients probe deeply enough to find their own voice, describe their experiences, and create a narrative in which a life story takes shape and makes sense. Emphasizing the vital connections among personal experience, family, and community, the authors of this provocative new book explore the role of narrative therapy within the context of a postmodern culture. They employ the interactional dynamics of family therapy to demonstrate how to help people deconstruct oppressive and debilitating perspectives, replace them with liberating and legitimizing stories, and develop a framework of meaning and direction for more intentional, more fulfilling lives. Blending scientific theory with literary aesthetics, *Story Re-Visions* presents a comprehensive collection of specific narrative therapy techniques, inventions, interviewing guidelines, and therapeutic questions. The book examines the development of the postmodern phenomenon, tracing its

evolution across time and disciplines. It discusses paradigmatic traditions, the meaning of modernism, and the ways in which the ancient, binding narratives have lost their power to inspire uncritical assent. Methods for doing narrative therapy in a destoried world are presented, with suggestions for meeting the challenges of postmodern value systems and ethical dilemmas. Numerous case examples and dialogues illustrate ways to help people become authors of their own stories, and each of the last four chapters concludes with an appendix that provides additional information for the practicing clinician. Detailing ways in which a narrative framework enhances family therapy, the authors describe how the therapist and client may act together as revisionary editors, and present techniques for keeping the story re-vision alive, well, and in charge. Finally, the book examines re-vision techniques for clinical training and supervision settings, with discussion of how

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therapists may help one another create stories about their clients, as well as themselves. Accessibly written and profoundly enlightening, *Story Re-Visions* is ideal for family therapists, psychologists, psychiatrists, and anyone else interested in doing therapy from a narrative stance. It is also valuable as supplemental reading for courses in family therapy and other psychotherapeutic disciplines.

Brief Psychotherapies Peake 2000

The Language of Family Therapy Fritz B. Simon 1985

Prison of Food Roberta Milanese 2018-03-26 This groundbreaking volume concentrates on solution-oriented treatment of some of the most difficult pathologies - anorexia, bulimia and vomiting (as a separate category introduced by Nardone et al). The logic and apparent simplicity of the way these complex conditions are treated is truly outstanding. As opposed to a long-drawn psychotherapy, Nardone and

his colleagues offer a relatively short period of treatment, consisting of dialogue between the patient and the therapist, and sometimes the patient's family. The patient is also given some "homework" to do in-between the sessions. Rather than looking at the "why" of the situation, this approach looks at "how" the problem manifests itself and what can be done about it. The book starts by outlining the pathologies and the logic behind this type of brief therapy. It then moves on to examine particular case studies and the reader gets immersed in the fascinating dialogue between the therapist and the client.

Creative Therapy in Challenging Situations Michael Hoyt 2019-04-26 *Creative Therapy in Challenging Situations* introduces readers to the innovative approaches that therapists sometimes take when standardized, paint-by-numbers routines don't work. Each chapter presents the story of one or more difficult psychotherapy situations followed by the therapists'

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descriptions of what they did and why, as well as the outcome that resulted. The authors and their stories span a wide variety of theoretical approaches and contexts, showing how clinicians can improvise beyond everyday scenarios and techniques. This collection of provocative, instructive vignettes from well-known practitioners often generates "You said what?!" reactions while encouraging readers to think creatively in the moment in order to reach healthy, innovative outcomes from the trickiest and most unexpected therapeutic scenarios.

Current Catalog National Library of Medicine (U.S.) First multi-year cumulation covers six years: 1965-70.

Christianity and Change

Ralph Armstrong 1990-08-01
To find more information about Rowman and Littlefield titles, please visit www.rowmanlittlefield.com.

Couples Therapy, Multiple

Perspectives Barbara Jo Brothers 2014-01-14
Couples Therapy, Multiple Perspectives

is a springboard from which therapists may begin to answer such questions as What are the ingredients essential to good relationships? What are the ingredients essential to activity within the psychotherapeutic relationship? How can what therapists know regarding psychotherapy be combined to create a whole greater than the sum of its parts? Barbara Jo Brothers aids therapists in answering these and other questions about the basic ingredients, the common denominators, and the universal threads of work with couples from exploring the theories and methods of successful therapists. As there are many ways of looking at couples therapy, this volume encourages therapists to work cooperatively, not competitively, in developing clients' possibilities. *Couples Therapy, Multiple Perspectives* is intended to assist therapists working with couples achieve a broader view of their work and a richer range of choices in helping their clients. Every article, especially the two by

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master therapists Florence Kaslow and Maurizio Andolfi, moves readers toward a tapestry of therapeutic possibilities. Features of Couples Therapy, Multiple Perspectives include an in-depth look at the ingredients of a successful marriage, or, what makes marriages work for the long-term by Florence Kaslow; an article by Maurizio Andolfi, translated by Vincenzo DiNicola, which brings together an excellent integration of theories, including those of Bowen, Framo, and Whitaker. Andolfi describes a transgenerational approach to work with couples in crisis, with a case example of the value of doing family-of-origin work in the initial phase of therapy. In an interview segment with Virginia Satir (with Sheldon Starr, PhD, in 1985), she explores how all good therapy has essentially the same ingredients. Readers will find Satir's ideas timeless and thought provoking; indeed they may re-evaluate their own position and theories on therapy with couples.

Motivational Enhancement Therapy Manual William R. Miller 1994-12 Will permit replication of the treatment procedures employed in a multisite clinical trial of patient-treatment matching. Covers: clinical considerations, and practical strategies. Appendices: assessment feedback procedures, MET in the aftercare setting, and therapist selection, training, and supervision in the clinical trial. Reading and additional resources.

Brief Therapy Jeffrey K. Zeig 2013-05-24 A tapestry of rich and varied perspectives drawn from a remarkable event. The Brief Therapy Congress, sponsored by the Milton H. Erickson Foundation, brought together over 2200 therapists and an impressive faculty that included J. Barber, J. Bergman, S. Budman, G. Cecchin, N. Cummings, S. de Shazer, A. Ellis, M. Goulding, J. Gustafson, J. Haley, C. Lankton, S. Lankton, A. Lazarus, C. Madanes, W. O'Hanlon, P. Papp, E. Polster, E. Rossi, P. Sifneos, H. Strupp, P.

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Watzlawick, J. Weakland, M. Yapko and many more. *The Therapist's Use of Self* Matthew D. Selekman 2023-12-22 This book encourages and trains students and practicing marriage and family therapists to bring themselves into the therapy room, offering guidelines and strategies for being more present and personal with their clients. Mental health professionals are often taught and trained that therapy is serious business, to be cautious and conservative with therapeutic decision-making, and to stick to empirically supported and specific tools in sessions. What gets lost in this positivistic, formulaic, and scientific way of working are therapists' own unique voices, their creativity, flexibility, and the sense of playfulness that make the change process fun and upbeat. *The Therapist's Use of Self* equips therapists with the skills they need to deepen their alliances with clients, to liberate themselves from an overreliance on models, and to bring their

whole selves to the therapeutic encounter. Chapters cover pioneers in the field before exploring ways to bring ideas from outside the therapy room, including from music, art, literature, and film. The book includes a key chapter on teletherapy, and each chapter presents major therapeutic tools and strategies, case examples, the resulting outcomes, and key takeaways. Students of psychology, social work, nursing, and marriage and family programs, as well as mental health professionals will benefit from this book with a plethora of therapeutic tools, guidelines, and strategies for catalyzing change with even the most challenging couples and families.

Adolescents and Their

Families Terry S Trepper

2014-02-25 This comprehensive book introduces and integrates adolescent developmental themes and family system theory into a coherent assessment and intervention model. Author Mark Worden views the adolescent as active in shaping

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the family interactions as much as the family is influential in shaping the adolescent's behavior. He takes a pragmatic approach to therapy, emphasizing what best explains the clinical phenomena and what works best for change. To this end, a heavy emphasis is placed on the process of evaluation and intervention of adolescents and their families with typical therapeutic dilemmas. This practical book is organized to take the reader through the first evaluation interview, through the planning of intervention strategies, and through the beginning, middle, and termination phases of treatment. Case examples bring Adolescents and Their Families to life, highlighting conceptual discussions. Topics discussed in this important book range from the integration of adolescent and family psychology, to the employment of a contextual-dialectic ("goodness-of-fit") paradigm to evaluate adolescent-family interface, to matching the intervention with the family. A step-by-step

discussion of the first interview and diverse intervention strategies are discussed, as are frequent clinical syndromes--acting-out, underachievement, eating disorders, divorce/single parenthood, depression, and suicide. Graduate students and clinicians will find this appealing book an ideal resource, as will experienced therapists beginning to work with adolescents and families. The book will also serve as an excellent primary or ancillary text for graduate courses in psychotherapy with adolescents and in family therapy courses. High school guidance counselors, social workers, and psychologists will also find many valuable applications in this timely book.

Project MATCH Monograph Series 1992

Case Book of Brief

Psychotherapy with College

Students Leighton Whitaker

2014-02-25 Short-term therapy

doesn't have to be second-best!

This valuable book explores a

variety of brief therapy

approaches with young adults

between 17 and 25. Each case

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discussion thoroughly covers the salient points of the client, the problem, and the treatment, as well as segments of the treatment transcripts that illustrate the critical aspects of the counseling. A post-hoc question-and-answer section explores alternative ways the therapist could have handled the client and allows in-depth examination of successful treatment approaches. Case Book of Brief Psychotherapy with College Students offers constructive suggestions for dealing with common presenting problems, including: depression individuation issues PTSD impulse control in mandated psychotherapy cult membership post-rape trauma bereavement issues With comprehensive references and a fascinating variety of presenting problems, Case Book of Brief Psychotherapy with College Students is a helpful resource for any psychologist, social worker, or therapist whose clients include young adults.

The Sex Offender: New

insights, treatment innovations, and legal developments Barbara K. Schwartz 1997-01-01

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