

# Family Growth Parenting Alone

**Raising Boys without Men** Dr. Peggy Drexler  
2005-08-20 Nominated for a Books for a Better Life Award in Parenting Backed by peer-reviewed research, this hotly debated bestseller (San Francisco Chronicle) continues to open eyes with its finding that raising thriving, emotionally healthy sons does not require a man in the house. As the number of single-mom and two-mom households has grown, so have concerns about the possible damage caused by the lack of a stable male role model in the house. Determined to find the truth, research psychologist Peggy Drexler embarked on a long-term study comparing boys raised in nontraditional families with those whose fathers were present throughout their childhood. The results were startling. Female-headed households can provide even better parenting for boys than households with men. Sons from female-headed families can grow up emotionally stronger and more well-rounded than boys from "traditional" mother-father families—more in touch with their feelings yet masculine in all the ways defined by our culture.

**How to be a Happier Parent** KJ Dell'Antonia  
2020-06-02 An encouraging guide to helping parents find more happiness in their day-to-day family life, from the former lead editor of the New York Times' Motherlode blog. In all the writing and reporting KJ Dell'Antonia has done on families over the years, one topic keeps coming up again and again: parents crave a greater sense of happiness in their daily lives. In this optimistic, solution-packed book, KJ asks: How can we change our family life so that it is full of the joy we'd always hoped for? Drawing from the latest research and interviews with families, KJ discovers that it's possible to do more by doing less, and make our family life a refuge and pleasure, rather than another stress point in a hectic day. She focuses on nine common problem spots that cause parents the most grief, explores why they are hard, and offers small, doable, sometimes surprising steps you can take to make them better. Whether it's getting everyone out the door on time in the

morning or making sure chores and homework get done without another battle, *How to Be a Happier Parent* shows that having a family isn't just about raising great kids and churning them out at destination: success. It's about experiencing joy--real joy, the kind you look back on, look forward to, and live for--along the way. [The Solo-parent Experience](#) Carmela D. Ortigas  
1996

**Family Growth-Parenting Alone** 1993-07  
Family Growth Electives brings together adults from similar life stages and situations to share the major concerns of their lives. Choose from seven titles to draw adults into open conversations that provide collective wisdom and insight on marriage and family matters. Each elective includes reproducible group member resources -- a real money saver!

**Breaking the Good Mom Myth** Alyson Schafer  
2008-05-19 As a psychotherapist, parent educator and parent coach, Alyson Schäfer has worked with a great many mothers who, in the quest to be a "good mother" have ended up on the door step of despair. Alyson is a forty-something, suburbanite, working-mother of two and can speak to these issues both personally and professionally. This book explains the psycho-social phenomena of how each person creates their own unique "good mother myth" and then examines why these myths are not only faulty, but could in fact lead to poor parenting, marital disaster and individual crisis. Her years of educating parents around these concepts afford Alyson the skill to take complex ideas and explain them to a lay audience in a compelling and easy to understand way. Capitalizing on the need to present parents with information in an easy to digest format, the book is presented as a series of personal stories, each highlighting a common parenting myth. This format will appeal to tired parents who have little time and energy for "academia". Instead, readers learn by taking a voyeuristic peek into the private family lives of the book's characters. Readers can identify with the fictitious parents and coaching clients in the stories and see first hand how the characters' life experiences shaped their unique "good

mother myths" and how these myths create conflict in their lives. The author offers up ideas for how the character can reject her current thinking and adopt a more useful outlook to improve her situation. The story arc allows readers to identify and then project how their parenting may be unknowingly going off the rails. The goal of this book is to provide parents with some basic education and a means of self-discovery. Readers uncover their own good mother myths and are given an eye-opening glimpse into potential issues to challenge their thinking. A great sense of empowerment is restored as mothers become better able to resist the pulls of their personal and cultural myths, and instead begin parenting with greater intention and in ways that are more suitable to proper child guidance.

*Free Mother to Good Home* Kay Taylor

2011-11-14 Have you heard the words, "I never dared to treat my parents the way kids do today"? If you are a baby boomer or the parent of a tween, teen, or adult child, not only have you heard those words, you may have uttered them yourself. If, in this new age of child-parent relations, you've ever felt like a helpless puppy or kitten inside a box marked "Free to Good Home,"—if, in spite of all your love and the care with which you embraced parenting, your child has grown into an entitled and thoughtless power broker in your relationship—read on. Author Kay Taylor has studied sociology, parenting, blended families and personal growth for years; in this bold, groundbreaking book she explores the changes in our culture that she believes have given birth to what she describes as the E-generation—a generation of teens and young adults that feel so empowered and entitled that they often clash with their parents, creating a palpable power struggle within the family. This often leaves good parents alone, depressed, and completely befuddled as to what they did wrong. *Free Mother to Good Home* comes from the heart and experiences of an everyday parent in the trenches. Taylor offers a mother's perspective, as well as a remedy for parental blues, helping parents know what they can do to get their houses and their lives back in order.

*Grown and Flown* Lisa Heffernan 2019-09-03  
PARENTING NEVER ENDS. From the founders

of the #1 site for parents of teens and young adults comes an essential guide for building strong relationships with your teens and preparing them to successfully launch into adulthood The high school and college years: an extended roller coaster of academics, friends, first loves, first break-ups, driver's ed, jobs, and everything in between. Kids are constantly changing and how we parent them must change, too. But how do we stay close as a family as our lives move apart? Enter the co-founders of *Grown and Flown*, Lisa Heffernan and Mary Dell Harrington. In the midst of guiding their own kids through this transition, they launched what has become the largest website and online community for parents of fifteen to twenty-five year olds. Now they've compiled new takeaways and fresh insights from all that they've learned into this handy, must-have guide. *Grown and Flown* is a one-stop resource for parenting teenagers, leading up to—and through—high school and those first years of independence. It covers everything from the monumental (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as academics, anxiety and mental health, college life—it features a combination of stories, advice from professionals, and practical sidebars. Consider this your parenting lifeline: an easy-to-use manual that offers support and perspective. *Grown and Flown* is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

**The Seven Common Sins of Parenting An Only Child** Carolyn White 2004-07-15

As the parent of an only child, are you frustrated because you find yourself overindulging and overcompensating? Do you treat your child like an adult, overpraise, or overprotect him? Have you expected perfection from your child yet failed to make rules and implement them consistently? If you are not a perfect parent of an only child, you are not alone. Based on the real-life experiences of Carolyn White—editor of *Only Child*, parent, and educator—and hundreds of interviews with only children and parents of only children, *The Seven Common Sins of Parenting an Only Child* celebrates the special rewards and opportunities of the single-child family and offers a practical (and often humorous) guide for overcoming the most

common errors parents can make when rearing an only child.

**With a Daughter's Eye** Mary C. Bateson 1994-01-26 In *With a Daughter's Eye*, writer and cultural anthropologist Mary Catherine Bateson looks back on her extraordinary childhood with two of the world's legendary anthropologists, Margaret Mead and Gregory Bateson. This deeply human and illuminating portrait sheds new light on her parents' prodigious achievements and stands alone as an important contribution for scholars of Mead and Bateson. But for readers everywhere, this engaging, poignant, and powerful book is first and foremost a singularly candid memoir of a unique family by the only person who could have written it.

*Unbroken Homes* J Dianne Garner 2014-02-25 Explore the real-life triumphs and tragedies of single-parent mothers! *Unbroken Homes* is a "story quilt" of personal narratives constructed from in-depth, case study interviews of five single-parent mothers. The book chronicles their journeys as mothers, daughters, and women, in relationships and in solitude, displaying their stories in their own words like the squares of a multicolored quilt. *Unbroken Homes* breaks through the stigma associated with "broken homes" and provides a new perspective on the reorganization of American families. *Unbroken Homes* encourages you to rethink some damaging stereotypical assumptions about children from single-mother headed homes. Drawing information from family research, counseling, and a cross-section of social sciences, this book is pertinent to any professional who works with single parents or their children. *Unbroken Homes* does not deal with what is "typical" in the single-parenting experience, nor does it give advice or proselytize. Rather, its purpose is to discover the meaning that single-parent mothers bring to their own lives, helping you to understand the dynamics of single-parent families from a uniquely personal perspective. In *Unbroken Homes* you will witness the ways that these women: experience the ill effects of gender role socialization work to overcome stigma redefine ideals for family life and gender expectations balance responsibilities in and outside of their homes stretch finances to meet the needs of

their families regain strength and self-confidence encourage their children's development affirm the strength of their families cope with depression develop networks of support This intensely personal collection of women's stories and reflections is a must read for everyone who seeks a better understanding of divorce, single-parenting, and being alone, from an insider's perspective.

**Going Solo** Robert Beeson 2018-04-03 This first-hand account of a single father teaches single parents to practice five helpful habits and three "Healing Principles" as they adjust to their new life. It also provides hope that God can lead struggling single parents to a new perspective on life, as well as to healing and restoration.

*Regretting Motherhood* Orna Donath 2017-07-11 A provocative and deeply important study of women's lives, women's choices—and an 'unspoken taboo'—that questions the societal pressures forcing women into motherhood Women who opt not to be mothers are frequently warned that they will regret their decision later in life, yet we rarely talk about the possibility that the opposite might also be true—that women who have children might regret it. Drawing on years of research interviewing women from a variety of socioeconomic, educational, and professional backgrounds, sociologist Orna Donath treats regret as a feminist issue: as regret marks the road not taken, we need to consider whether alternative paths for women currently are blocked off. She asks that we pay attention to what is forbidden by rules governing motherhood, time, and emotion, including the cultural assumption that motherhood is a "natural" role for women—for the sake of all women, not just those who regret becoming mothers. If we are disturbed by the idea that a woman might regret becoming a mother, Donath says, our response should not be to silence and shame these women; rather, we need to ask honest and difficult questions about how society pushes women into motherhood and why those who reconsider it are still seen as a danger to the status quo. Groundbreaking, thoughtful, and provocative, this is an especially needed book in our current political climate, as women's reproductive rights continue to be at the forefront of national debates.

**Growing Up with a Single Parent** Sara McLanahan 2009-07-01 Nonwhite and white, rich and poor, born to an unwed mother or weathering divorce, over half of all children in the current generation will live in a single-parent family--and these children simply will not fare as well as their peers who live with both parents. This is the clear and urgent message of this powerful book. Based on four national surveys and drawing on more than a decade of research, *Growing Up with a Single Parent* sharply demonstrates the connection between family structure and a child's prospects for success. What are the chances that the child of a single parent will graduate from high school, go on to college, find and keep a job? Will she become a teenage mother? Will he be out of school and out of work? These are the questions the authors pursue across the spectrum of race, gender, and class. Children whose parents live apart, the authors find, are twice as likely to drop out of high school as those in two-parent families, one and a half times as likely to be idle in young adulthood, twice as likely to become single parents themselves. This study shows how divorce--particularly an attendant drop in income, parental involvement, and access to community resources--diminishes children's chances for well-being. The authors provide answers to other practical questions that many single parents may ask: Does the gender of the child or the custodial parent affect these outcomes? Does having a stepparent, a grandmother, or a nonmarital partner in the household help or hurt? Do children who stay in the same community after divorce fare better? Their data reveal that some of the advantages often associated with being white are really a function of family structure, and that some of the advantages associated with having educated parents evaporate when those parents separate. In a concluding chapter, McLanahan and Sandefur offer clear recommendations for rethinking our current policies. Single parents are here to stay, and their worsening situation is tearing at the fabric of our society. It is imperative, the authors show, that we shift more of the costs of raising children from mothers to fathers and from parents to society at large. Likewise, we must develop universal assistance programs that benefit low-income two-parent

families as well as single mothers. Startling in its findings and trenchant in its analysis, *Growing Up with a Single Parent* will serve to inform both the personal decisions and governmental policies that affect our children's--and our nation's--future.

**Achtung Baby** Sara Zaske 2018-01-02 Through her own family's often funny experiences as well as interviews with other parents, teachers, and experts, Zaske shares the many unexpected parenting lessons she learned from living in Germany.

**Making Peace with Your Parents** Harold H. Bloomfield 1985 "No one book resolves a lifetime of hurts and misunderstandings, but it can remove the blinders from our eyes. Make an effort now." LOS ANGELES TIMES No matter how old you are and whether or not your parents are alive, you have to come to terms with them. This wise and practical book will show you how to deal with the most fundamental relationships in your life and, in the process, become the happy, creative, and fulfilled person you are meant to be.

**Zero to Five** Tracy Cutchlow 2015-04-21 When you're a new parent, the miracle of life might not always feel so miraculous. Maybe your latest 2:00 a.m., 2:45 a.m., and 3:30 a.m. wake-up calls have left you wondering how "sleep like a baby" ever became a figure of speech—and what the options are for restoring your sanity. Or your child just left bite marks on someone, and you're wondering how to handle it. First-time mom Tracy Cutchlow knows what you're going through. In *Zero to Five: 70 Essential Parenting Tips Based on Science (and What I've Learned So Far)*, she takes dozens of parenting tips based on scientific research and distills them into something you can easily digest during one of your two-minute-long breaks in the day. The pages are beautifully illustrated by award-winning photojournalist Betty Udesen. Combining the warmth of a best friend with a straightforward style, Tracy addresses questions such as: Should I talk to my pregnant belly / newborn? Is that going to feel weird? (Yes, and absolutely.) How do I help baby sleep well? (Start with the 45-minute rule.) How can I instill a love of learning in my child? (By using specific types of praise and criticism.) What will boost my child's success in school? (Play that requires

self-control, like make-believe.) My baby loves videos and cell-phone games. That's cool, right? (If you play, too.) What tamps down temper tantrums? (Naming emotions out loud.) My sweet baby just hit a playmate / lied to me about un-potting the plant / talked back. Now what? (Choose one of three logical consequences.) How do I get through an entire day of this? (With help. Lots of help.) Who knew babies were so funny? (They are!) Whether you read the book front to back or skip around, *Zero to Five* will help you make the best of the tantrums (yours and baby's), moments of pure joy, and other surprises along the totally-worth-it journey of parenting.

*Still Going it Alone* Michele Howe 2008-12

Discusses issues faced by single parents as their children go to college or otherwise move on with their adult lives, with anecdotes, prayers, and advice covering how to adapt to a changing parental role while considering remarriage and adjusting to a quieter home.

*Unequal Family Lives* Naomi R. Cahn

2018-08-02 This volume explores the causes and consequences of family inequality in the United States, Europe, and Latin America.

***The Collapse of Parenting*** Leonard Sax

2015-12-29 In this New York Times bestseller, one of America's premier child psychologists offers a must-read account of the dismal state of parenting today, and a vision for how we can better prepare our children for the challenges of the adult world. In *The Collapse of Parenting*, internationally acclaimed author Leonard Sax argues that rising levels of obesity, depression, and anxiety among young people can be traced to parents abdicating their authority. The result is children who have no standard of right and wrong, who lack discipline, and who look to their peers and the Internet for direction. Sax shows how parents must reassert their authority - by limiting time with screens, by encouraging better habits at the dinner table, and by teaching humility and perspective - to renew their relationships with their children. Drawing on nearly thirty years of experience as a family physician and psychologist, along with hundreds of interviews with children, parents, and teachers, Sax offers a blueprint parents can use to help their children thrive in an increasingly complicated world.

*All Joy and No Fun* Jennifer Senior 2014-01-28

Thousands of books have examined the effects of parents on their children. In *All Joy and No Fun*, award-winning journalist Jennifer Senior now asks: what are the effects of children on their parents? In *All Joy and No Fun*, award-winning journalist Jennifer Senior tries to tackle this question, isolating and analyzing the many ways in which children reshape their parents' lives, whether it's their marriages, their jobs, their habits, their hobbies, their friendships, or their internal senses of self. She argues that changes in the last half century have radically altered the roles of today's mothers and fathers, making their mandates at once more complex and far less clear. Recruiting from a wide variety of sources—in history, sociology, economics, psychology, philosophy, and anthropology—she dissects both the timeless strains of parenting and the ones that are brand new, and then brings her research to life in the homes of ordinary parents around the country. The result is an unforgettable series of family portraits, starting with parents of young children and progressing to parents of teens. Through lively and accessible storytelling, Senior follows these mothers and fathers as they wrestle with some of parenthood's deepest vexations—and luxuriate in some of its finest rewards. Meticulously researched yet imbued with emotional intelligence, *All Joy and No Fun* makes us reconsider some of our culture's most basic beliefs about parenthood, all while illuminating the profound ways children deepen and add purpose to our lives. By focusing on parenthood, rather than parenting, the book is original and essential reading for mothers and fathers of today—and tomorrow.

*Parenting Solo* Elnader Hale 2009-04-18

This book is the author's opinion regarding the effects single parents behaviour has on their children. Parents have a difficult task of rearing children without an instruction book. What we do as parents will have an everlasting effect on your child or children. When we put our children as the priority in our lives, we will be rewarded.

*Parenting Matters* National Academies of Sciences, Engineering, and Medicine 2016-11-21  
Decades of research have demonstrated that the parent-child dyad and the environment of the family—which includes all primary

caregivers"are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure.

Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

**Parenting in Your Own Voice** Joan L. Reynolds  
2012-09-02 A 12-part workbook for parents and parenting groups that enables them to create strategies and solutions tailored to fit their own

child's unique challenges, personality, and strengths.

Embracing Amazing Deborah Plunkett Lahman  
2022-05-10 "Parenting is hard . . . the reality of parenting is that it is really hard. And let's be honest, if we're a parent, we do hard things. Creating a family is much more difficult than others seem to view it." There is an easy solution for so many things these days. Issues with your car? Buy a new one! Issues with your job? Quit and get a new one! Issues with your phone? Change carriers! Raising a family brings with it issues. Issues that aren't easily solved like the ones above. Raising a family of five was tough. We had ups and downs like any other family. However there were tools, strategies and lots of communication that enabled us to launch all three of our children into educational entrepreneurs just like us. We wanted to write this book as a way for your family to work through issues, questions and the growth of your children. The biggest lie that parents can believe is that they are all alone in the journey of empowering a family. We don't want you to believe that so we encourage you to grow through learning, navigate through brokenness, empower resilience and embrace the village. Embracing Amazing highlights the author's fifty years of school counseling experience to help you with all the "HARD" that is coming your way as a parent. John and Deborah Lahman didn't believe the lie that they were alone and neither should you. This book is a great tool for you regardless of where you are on your parenthood journey.

*I am the Parent who Stayed* Nina Farr  
2018-03-09 It's hard to be left taking care of your family all by yourself. Parenting alone in the wake of domestic violence, intense conflict or traumatic, unexpected events, makes being 'the parent who stayed' even more difficult. Are you standing in the ruins of your family wondering what the hell you have to do to get back to being ok again? Has the amount of conflict, aggression and shame that came with separation/divorce floored you and your kids? You deserve to be happy, no matter how awful this has been. Parenting alone after traumatic family breakdown is relentless, lonely, scary and hard. The nights you sit on the stairs crying after the kids finally fall asleep. The days you can

barely get out of bed but push on through because no-one else is going to pick up the pieces. The times you watch your children crumple into anger, despair and frustration and you simply don't know what to do. If you feel that you're stuck in the trenches, this book is for you. It's for you, if even lifting your eyes to the path ahead feels like putting yourself in the firing line. It is for you if you're just about getting through the day you're in. It's for you if you know that life cannot change when you have no perspective, no vision, and no plan. You can figure out how to pick up all the broken pieces of your life and put them back together again. Nina Farr, TED Speaker, Author and Leadership Coach (plus ex-lone parent to two under two), can show you how, because she's been there.

### **The triple bind of single-parent families**

Nieuwenhuis, Rense 2018-03-07 Available Open Access under CC-BY-NC licence. Single parents face a triple bind of inadequate resources, employment, and policies, which in combination further complicate their lives. This book - multi-disciplinary and comparative in design - shows evidence from over 40 countries, along with detailed case studies of Sweden, Iceland, Scotland, and the UK. It covers aspects of well-being that include poverty, good quality jobs, the middle class, wealth, health, children's development and performance in school, and reflects on social justice. Leading international scholars challenge our current understanding of what works and draw policy lessons on how to improve the well-being of single parents and their children.

### **Parent with Confidence** Carolyn Bond

2015-04-10 Parents: Are you looking for answers to your parenting challenges? Are you feeling fed up with your kids' behavior? Do you feel like your household is always out of control? Have you felt isolated and alone when making parenting decisions? This book can help! By using a tried and true system of raising kids that has been used successfully for over fifty years, you can achieve a calmer home and a happier family life. Change is possible! This practical guide has a proven approach to bringing up great kids. When used consistently, everyone in the family changes so that family life is more joyous and fulfilling. Whether you are parenting alone or with a partner, work outside your home

or stay home with your kids, this book has solutions you can apply right away. When you read *Parent with Confidence*, you will: Understand the reasons for your children's misbehavior. Inspire respect and cooperation in your children. Learn how to handle misbehavior without yelling, nagging or punishing. Find out how to set limits without using your size and power. Help your children become considerate, generous, independent members of the community. Grow your confidence as you find your best approach to raising your children - your way, with your values.

*Single Parents and Their Children* Bella DePaulo 2015-07-07 "Single Parents and Their Children" is a myth-busting, consciousness-raising collection of articles that defies all of the stereotypes that diminish and degrade single-parent families. Drawing from scientific research, Dr. Bella DePaulo shows that the dire predictions about the fate of the children of single parents are grossly exaggerated or just plain wrong. What's more, there are ways in which the children of single parents are doing better than everyone else. That's the good news no one ever tells you. Professor DePaulo has been described by Atlantic magazine as "America's foremost thinker and writer on the single experience." This book includes more than a dozen of her most influential writings on single parents and their children. Essays inspired by the daughter of a single mother and guest articles by independent parent Tricia Parker are also featured. Bella DePaulo's articles originally appeared in her popular "Living Single" blog at Psychology Today and her "Single at Heart" blog at PsychCentral, as well as in the Guardian.

### **Free Mother to Good Home** Kay Taylor

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parenting, blended families and personal growth for years; in this bold, groundbreaking book she explores the changes in our culture that she believes have given birth to what she describes as the E-generation—a generation of teens and young adults that feel so empowered and entitled that they often clash with their parents, creating a palpable power struggle within the family. This often leaves good parents alone, depressed, and completely befuddled as to what they did wrong. *Free Mother to Good Home* comes from the heart and experiences of an everyday parent in the trenches. Taylor offers a mother's perspective, as well as a remedy for parental blues, helping parents know what they can do to get their houses and their lives back in order.

**The After-school Lives of Children** Deborah Belle 1999-03 Based on research about after-school experiences and dilemmas conducted over a four-year period with employed parents and their children, this book draws on the stories these parents and children told—often using their actual words—to emphasize the wide variety of children's after-school arrangements, children's movement over time in and out of different arrangements, and the importance to children of multiple facets of their after-school arrangements, not simply the presence or absence of an adult caretaker. The book also emphasizes that children are not randomly assigned to after-school arrangements. Rather, parents and children struggle to reach optimal solutions to what are often difficult child care dilemmas. To understand these dilemmas, and the diverse strategies that families adopt, one must attend to the individual situations of children as family members understand them. This book was written to contribute to the development of new family and work policies and practices by illuminating the difficulties families face and their consequences for children. Written for psychologists, sociologists, and other social scientists who study families, maternal employment, child care, or child development, it will also be useful for parents, educators, community leaders, and public policymakers concerned about the well being of children whose parents are employed.

**Parenting an Only Child** Susan Newman 2001-12-11 By a child-care authority and mother

of an only child, this useful, knowledgeable book provides sound advice on creating an enriching environment that's stimulating and enjoyable for only children and their parents alike.

**The Case for the Only Child** Susan Newman 2011-06 Guides parents—and future parents—through the long list of factors working for and against them while highlighting the many positive aspects of raising and being a singleton. Original.

**How to Love Difficult Parents** Jim Newheiser 2021-08-23 We are used to having our parents help us, but how do we handle it when the tables are turned and our parents are the ones who need help? Declining health, financial needs, divorce, relational issues—what's an adult child's role when their parents are struggling? Counselor Jim Newheiser understands the many types of challenges adults may face ...

**Wild Things** Stephen James 2011-07-14 Playing off the themes in the Caldecott Medal-winning children's book *Where the Wild Things Are*, this informative, practical, and encouraging guide will help parents guide boys down the path to healthy and authentic manhood. *Wild Things* addresses the physical, emotional, and spiritual parts of a boy, written by two therapists who are currently engaged in clinical work with boys and their parents and who are also fathers raising five sons. Contains chapters such as “Sit Still! Pay Attention!” “Deficits and Disappointments,” and “Rituals, Ceremonies, and Rites of Passage.”

**Ignore It!** Catherine Pearlman, PhD, LCSW 2017-08-08 This book teaches frustrated, stressed-out parents that selectively ignoring certain behaviors can actually inspire positive changes in their kids. With all the whining, complaining, begging, and negotiating, parenting can seem more like a chore than a pleasure. Dr. Catherine Pearlman, syndicated columnist and one of America's leading parenting experts, has a simple yet revolutionary solution: *Ignore It!* Dr. Pearlman's four-step process returns the joy to child rearing. Combining highly effective strategies with time-tested approaches, she teaches parents when to selectively look the other way to withdraw reinforcement for undesirable behaviors. Too often we find ourselves bargaining, debating, arguing and pleading with kids. Instead of improved behavior parents are ensuring that the



behavior will not only continue but often get worse. When children receive no attention or reward for misbehavior, they realize their ways of acting are ineffective and cease doing it. Using proven strategies supported by research, this book shows parents how to: - Avoid engaging in a power struggle - Stop using attention as a reward for misbehavior - Use effective behavior modification techniques to diminish and often eliminate problem behaviors Overflowing with wisdom, tips, scenarios, frequently asked questions, and a lot of encouragement, *Ignore It!* is the parenting program that promises to return bliss to the lives of exasperated parents.

**No Child Left Alone** Abby W. Schachter 2016-08-16 Uncle Sam is the worst helicopter parent in America. Children are taken from their parents because they are obese. Parents are arrested for letting their children play outside alone. Sledding and swaddling are banned. From games to school to breast-feeding to daycare, the overbearing bureaucratic state keeps getting between kids and their parents. The state's safety, hygiene, and health regulations rule, and the government's judgment may not coincide with yours. Which foods and drinks to send to school, what toys to buy, whether to breast- or bottle-feed babies are all choices that used to be left to you and me. Not anymore. As a mom to four kids, I should be used to it, but I'm not. All the government-mandated parenting gets under my skin. And I'm not alone. *No Child Left Alone* explores the growing problem of an intrusive, interfering government and highlights those parents—all the Captain Mommies and Captain Daddies across America—fighting to take back control over their families.

**Home-Along America** Mary Eberstadt 2005 The author reopens the politically incorrect question of just how much children need their parents, especially their mothers. She contends that absent parents--and children who feel like just another chore to be outsourced--are the common denominator of recent epidemics among young people, including obesity, STDs, behavioral problems such as attention deficit disorder, and the use of psychiatric medication in even very young children; and asks whether this trend has already reached a tipping point in American society.

**Masterminds and Wingmen** Rosalind Wiseman 2014-07-29 A landmark book that reveals the way boys think and that shows parents, educators and coaches how to reach out and help boys overcome their most common and difficult challenges -- by the bestselling author who changed our conception of adolescent girls. Do you constantly struggle to pull information from your son, student, or athlete, only to encounter mumbling or evasive assurances such as "It's nothing" or "I'm good?" Do you sense that the boy you care about is being bullied, but that he'll do anything to avoid your "help?" Have you repeatedly reminded him that schoolwork and chores come before video games only to spy him reaching for the controller as soon as you leave the room? Have you watched with frustration as your boy flounders with girls? Welcome to Boy World. It's a place where asking for help or showing emotional pain often feels impossible. Where sports and video games can mean everything, but working hard in school frequently earns ridicule from "the guys" even as they ask to copy assignments. Where "masterminds" dominate and friends ruthlessly insult each other but can never object when someone steps over the line. Where hiding problems from adults is the ironclad rule because their involvement only makes situations worse. Boy world is governed by social hierarchies and a powerful set of unwritten rules that have huge implications for your boy's relationships, his interactions with you, and the man he'll become. If you want what's best for him, you need to know what these rules are and how to work with them effectively. What you'll find in *Masterminds and Wingmen* is critically important for every parent - or anyone who cares about boys - to know. Collaborating with a large team of middle- and high-school-age editors, Rosalind Wiseman has created an unprecedented guide to the life your boy is actually experiencing - his on-the-ground reality. Not only does Wiseman challenge you to examine your assumptions, she offers innovative coping strategies aimed at helping your boy develop a positive, authentic, and strong sense of self.

**Carved in Ebony** Jasmine L. Holmes 2022-08-02 A look at the inspirational lives of ten Black women of faith Do the names Elizabeth

Freeman, Nannie Helen Burroughs, or Charlotte Forten Grimké ring any bells? Have you ever heard of Sarah Mapps Douglass, Frances Ellen Watkins Harper, or Maria Fearing? What about Sara Griffith Stanley, Amanda Berry Smith, Lucy Craft Laney, and Maria Stewart? While these names may not be familiar to you, these women lived faithful and influential lives in a world that was filled with injustice. They worked to change laws, built schools, spoke to thousands, and shared the Gospel all around the world. And while history books may have forgotten them, their stories can teach us so much about how we can live today. Praise for Carved in Ebony "What a gift this book . . . will be to you! Jasmine has a way of teaching you a history lesson you never knew you needed, while pointing you to a God who deeply cares for his children."--JAMIE IVEY, bestselling author and host of The Happy Hour with Jamie Ivey podcast

*Co-Parenting from the Inside Out* Karen L. Kristjanson 2017-12-02 Karen L. Kristjanson shares the stories of a variety of divorced and separated couples who co-parent. Effective co-parenting, or sharing significant parenting time with an ex-spouse, is one of the best gifts separated parents can give to their children. The interviews in *Co-Parenting from the Inside Out* are with real moms and dads in diverse circumstances, showing them making choices, sometimes struggling, and often growing. Their stories offer insights into wise decision-making, as well as practical strategies that strengthen families. Parents can see that they are not alone as they navigate their feelings and build a future. While pain exists in most stories, there is also hope. Co-parents often feel that they have become more confident and compassionate, and parent better than before. The effects of their personal growth and their children's are the silver lining in the dark pain of divorce. Karen L. Kristjanson has brought together real life co-parenting stories that inspire separated parents and help them understand co-parenting better, offering practical tips and tools that directly benefit families.

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