

# Essentials Of Family Planning

**Contraceptive Research and Development** Institute of Medicine 1996-11-04 The "contraceptive revolution" of the 1960s and 1970s introduced totally new contraceptive options and launched an era of research and product development. Yet by the late 1980s, conditions had changed and improvements in contraceptive products, while very important in relation to improved oral contraceptives, IUDs, implants, and injectables, had become primarily incremental. Is it time for a second contraceptive revolution and how might it happen? *Contraceptive Research and Development* explores the frontiers of science where the contraceptives of the future are likely to be found and lays out criteria for deciding where to make the next R&D investments. The book comprehensively examines today's contraceptive needs, identifies "niches" in those needs that seem most readily translatable into market terms, and scrutinizes issues that shape the market: method side effects and contraceptive failure, the challenge of HIV/AIDS and other sexually transmitted diseases, and the implications of the "women's agenda." *Contraceptive Research and Development* analyzes the response of the pharmaceutical industry to current dynamics in regulation, liability, public opinion, and the economics of the health sector and offers an integrated set of recommendations for public- and private-sector action to meet a whole new generation of demand.

**The Fundamentals of Family Planning** Essential Access Health 2021-09-30 *Fundamentals of Family Planning* is designed to provide all levels of staff working in diverse settings with best practices for providing evidence-based, quality contraceptive education and counseling services. The latest edition features new content based on up-to-date research and current sexual and reproductive health national guidelines. It focuses on birth control methods, reproductive anatomy, sexual concerns, and sexually transmitted infections (STIs), as well as best practices in patient education, motivational interviewing techniques, and obtaining informed consent. *The Fundamentals of Family Planning* is a "self-study" manual that will help new and experienced health care workers and educators: 1. Develop skills for providing effective, patient-centered contraceptive counseling in any setting; 2. Learn up-to-date sexual health information and sample language to share with patients, clients or students; 3. Explain contraceptive options to patients using easy-to-understand teaching methods and tools; 4. Implement the Quality Family Planning (QFP) Recommendations published by the U.S. Centers for Disease Control and Prevention (CDC) and the Office of Population Affairs (OPA) *Fundamentals of Family Planning* can also be a resource for those wanting to become a certified Family Planning Health Worker (FPHW). More information about certification training options can be found at [www.essentialaccess.org](http://www.essentialaccess.org).

**Fertility, Family Planning and Population Policy in China** Chiung-Fang Chang 2005-12-16 China's one-child population policy, first initiated in 1979, has had an enormous effect on the country's development. By reducing its fertility in the past two decades to less than two children per woman, and developing a family planning program focused heavily on sterilization and abortion, China has undergone a significant transition in status to a demographically developed country. Bringing together contributions from leading academics, this book looks at the impact of the government's strict control over planning and population growth on the family, the wider society and the country's demography. The contributors examine developments such as family planning policy and contraceptive use, biological and social determinants of fertility, patterns of family and marriage and China's future population trends. As such it will be essential reading for academics, researchers, policy makers and government officials with an interest in China's population policy.

**The Billings Method** Evelyn Billings 2000

**Contraception** Donna J. Drucker 2020-04-07 The development, manufacturing, and use of contraceptive methods from the late nineteenth century to the present, viewed from the perspective of reproductive justice. The beginning of the modern contraceptive era began in 1882, when Dr. Aletta Jacobs opened the first birth control clinic in Amsterdam. The founding of this facility, and the clinical provision of contraception that it enabled, marked the moment when physicians started to take the prevention of

pregnancy seriously as a medical concern. In this volume in the MIT Press Essential Knowledge series, Donna Drucker traces the history of modern contraception, outlining the development, manufacturing, and use of contraceptive methods from the opening of Dr. Jacobs's clinic to the present. Drucker approaches the subject from the perspective of reproductive justice: the right to have a child, the right not to have a child, and the right to parent children safely and healthily. Drucker describes contraceptive methods available before the pill, including the diaphragm (dispensed at the Jacobs clinic) and condom, spermicidal jellies, and periodic abstinences. She looks at the development and dissemination of the pill and its chemical descendants; describes technological developments in such non-hormonal contraceptives as the cervical cap and timing methods (including the "rhythm method" favored by the Roman Catholic church); and explains the concept of reproductive justice. Finally, Drucker considers the future of contraception—the adaptations of existing methods, new forms of distribution, and ongoing efforts needed to support contraceptive access worldwide.

**Speroff & Darney's Clinical Guide to Contraception** Jeffrey Jensen 2019-11-04 Practical, authoritative, and up-to-date, *Speroff & Darney's Clinical Guide to Contraception*, 6th Edition, provides concise coverage of all of today's available contraceptive options. Under the leadership of new editors Jeffrey T. Jensen, MD, MPH, and Mitchell Creinin, MD, this well-regarded clinical reference remains a thorough, evidence-based, and readable resource for OB/GYNs, family planning specialists, primary care providers, and other healthcare providers.

**Essentials of Contraceptive Technology** R. A. Hatcher 2001

**Contraception** Donna Shoupe 2012-12-06 Contraception is the most comprehensive exploration of the newest technologies in the area of contraception. Edited by renowned authorities Dr. Donna Shoupe and Dr. Florence Haseltine, with chapters written by leaders in the field, this book comprises the most up-to-date, practical and clinical information available and presents a thorough examination of clinical efficacy, side effects, mechanisms of action, and benefits of all types of contraception, including: - chapters on the IUD, the new subdermal implant Norplant, injectables, the diaphragm, condoms, sponge, female sterilization, vasectomy, and more - discussions of cutting edge contraceptive technologies, including the new progestin oral contraceptive pills, contraceptive vaginal rings, and RU 486, - an important chapter on AIDS and contraception. This book will serve as an invaluable reference providing useful, instructive background information and pertinent clinical applications for the physician, resident, and researcher. At such an exciting time for contraceptive technology, no one in the field can afford to be without this text.

**FPA Contraceptive Handbook** Toni Belfield 1993

**The Art of Natural Family Planning** Couple to Couple League 2009 Natural Family Planning (NFP) is fertility awareness, the knowledge of a couple's fertility. It is a means of reading the body's signs of fertility and infertility. Applying this knowledge through the Sympto-Thermal Method (STM) is over 99% effective in postponing a pregnancy, and can be very helpful when trying to achieve one. Many NFP couples find, however, that the transition time following the birth of a baby presents unique challenges as the woman's body adjusts hormonally to the birth and her method of baby feeding. With *The Art of Natural Family Planning Postpartum Student Guide* you will: - Learn to recognize the hormonal changes in the transition from pregnancy back to normal fertility cycles - Realize the benefits of exclusive breastfeeding for the first six months of your baby's life, and continued breastfeeding thereafter until child-led weaning - Know all the various types of baby feeding and how each one affects the return of fertility - Learn how to

**The Art of Natural Family Planning** 2007-11 The Couple to Couple League's *Art of Natural Family Planning Student Guide* explains the Sympto-Thermal Method of Natural Family Planning. Features: large format; easy-to-read and understand; information on breastfeeding, cycle irregularities, miscarriages, family size, effectiveness, pharmaceutical products and NFP, and much more.

**Selected Practice Recommendations for Contraceptive Use** World Health Organization. Reproductive Health and Research 2005 This document is one of two evidence-based cornerstones of the World Health

Organization's (WHO) new initiative to develop and implement evidence-based guidelines for family planning. The first cornerstone, the Medical eligibility criteria for contraceptive use (third edition) published in 2004, provides guidance for who can use contraceptive methods safely. This document, the Selected practice recommendations for contraceptive use (second edition), provides guidance for how to use contraceptive methods safely and effectively once they are deemed to be medically appropriate. The recommendations contained in this document are the product of a process that culminated in an expert Working Group meeting held at the World Health Organization, Geneva, 13-16 April 2004.

**Counselling for Maternal and Newborn Health Care** World Health Organization 2010 The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. Counselling for Maternal and Newborn Health Care is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labor; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

**All You Wanted To Know About Family Planning** D.N. Kakar 2002-09-01

*Oxford Handbook of Reproductive Medicine and Family Planning* Enda McVeigh 2013-10 This handbook provides practical, evidence-based guidance on the care of adolescents, reproductive age females, and males. It follows chronological age up to the menopause, covering areas such as the reproductive system, puberty, the menstrual cycle, contraceptive methods, and infertility.

Planning and Implementing an Essential Package of Sexual and Reproductive Health Services Katherine Williams 2010

**Family Planning Motivation, Support and Services as an Essential Part of Population Stabilisation in South Africa** 1995

*The Essentials of Contraceptive Technology* 2005

*Review of the HHS Family Planning Program* Adrienne Stith Butler 2009-08-01

*The Best Intentions* Institute of Medicine 1995-07-02 Experts estimate that nearly 60 percent of all U.S. pregnancies are unintended. Yet the topic of preventing these unintended pregnancies has long been treated gingerly because of personal sensitivities and public controversies, especially the angry debate over abortion. Additionally, child welfare advocates long have overlooked the connection between pregnancy planning and the improved well-being of families and communities that results when children are wanted. Now, current issues health care and welfare reform, and the new international focus on population are drawing attention to the consequences of unintended pregnancy. In this climate *The Best Intentions* offers a timely exploration of family planning issues from a distinguished panel of experts. This committee sheds much-needed light on the questions and controversies surrounding unintended pregnancy. The book offers specific recommendations to put the United States on par with other developed nations in terms of contraceptive attitudes and policies, and it considers the effectiveness of over 20 pregnancy prevention programs. *The Best Intentions* explores problematic definitions of "unintended" versus "unwanted" versus "mistimed" and presents data on pregnancy rates and trends. The book also summarizes the health and social consequences of unintended pregnancies, for both men and women, and for the children they bear. Why does unintended pregnancy occur? In discussions of "reasons behind the rates," the book examines Americans' ambivalence about

sexuality and the many other social, cultural, religious, and economic factors that affect our approach to contraception. The committee explores the complicated web of peer pressure, life aspirations, and notions of romance that shape an individual's decisions about sex, contraception, and pregnancy. And the book looks at such practical issues as the attitudes of doctors toward birth control and the place of contraception in both health insurance and "managed care." *The Best Intentions* offers frank discussion, synthesis of data, and policy recommendations on one of today's most sensitive social topics. This book will be important to policymakers, health and social service personnel, foundation executives, opinion leaders, researchers, and concerned individuals.

Natural Family Planning Mary Lee Baron 2009-07-01 "Natural Family Planning" is the perfect resource for every Catholic who has questions about Church teachings regarding contraception. This booklet explores the history of Christian belief regarding contraception, natural family planning methods of the modern era, and artificial contraception. Offering suggestions on finding a health care provider and the married couples' relationship, this booklet also provides real data on what research shows about the benefits of natural family planning. "Booklet"

Family Planning Knowledge, Attitudes & Practices of Married Men Hansingo Isaiiah 2015-05-13 Family planning is a key component of reproductive health and is one of the effective interventions in reducing maternal and infant mortality. Despite family planning activities having started in the 1960s in Zambia, the contraceptive utilization rate is still unacceptably low and the unmet need for family planning among married women is high. The available family planning methods are poorly used due to several factors that include poor knowledge of each method and the perceived disapproval from husbands. Given the critical roles that Zambian men play in family decisions, men's support and involvement are essential for family planning to become more widespread. If organized family planning programmes are to reach out to men, a better understanding of their reproductive intentions is essential. In this study, the author explores the knowledge, attitude and practice of family planning among married men of Lusaka District of Zambia. The factors that contribute towards their attitude and practice have also been explored. These factors can be exploited by policy makers in order to improve family planning utilization in Zambia and other African countries.

*Choose What You Use* Family Planning Association (Great Britain) 2010-03

Family Planning Ann Cowper 2013-12-14 Our aim was quite clear when we agreed to write this book, and this was to cover in a single text, at the correct level, the syllabus for the Joint Board of Clinical Nursing Studies Course 900. The second edition has undertaken to produce further information to cover the present extended ENB 901 course. Inevitably, having commenced on the task it quickly became obvious that this could develop into a life's work! The breadth and depth of the subject and its interrelating information are offered for the use of the family planning nurse and health professional, both trained and in training, with the hope that their basic needs will be met and their interest aroused for further reading. The chapter on special needs fills, we trust, a neglected area in family planning training; and the problems which may be encountered with people from other countries is introductory information which is not easily available in this subject.

*Contraceptive Technology* 2011 Accompanying single user CD-ROM, "Contraceptive Technology", has been removed.

*Evidence-based Guidelines in Family Planning* 2006

**Essentials of Contraceptive Technology** Robert Anthony Hatcher 1997

**Drawdown** Paul Hawken 2017-04-18 • New York Times bestseller • The 100 most substantive solutions to reverse global warming, based on meticulous research by leading scientists and policymakers around the world "At this point in time, the Drawdown book is exactly what is needed; a credible, conservative solution-by-solution narrative that we can do it. Reading it is an effective inoculation against the widespread perception of doom that humanity cannot and will not solve the climate crisis. Reported by-effects include increased determination and a sense of grounded hope." —Per Espen Stoknes, Author, *What We Think About When We Try Not To Think About Global Warming* "There's been no real way for ordinary people to get an understanding of what they can do and what impact it can have. There remains no single, comprehensive, reliable compendium of carbon-reduction solutions across sectors. At least until now. . . ."

The public is hungry for this kind of practical wisdom.” —David Roberts, Vox “This is the ideal environmental sciences textbook—only it is too interesting and inspiring to be called a textbook.” —Peter Kareiva, Director of the Institute of the Environment and Sustainability, UCLA In the face of widespread fear and apathy, an international coalition of researchers, professionals, and scientists have come together to offer a set of realistic and bold solutions to climate change. One hundred techniques and practices are described here—some are well known; some you may have never heard of. They range from clean energy to educating girls in lower-income countries to land use practices that pull carbon out of the air. The solutions exist, are economically viable, and communities throughout the world are currently enacting them with skill and determination. If deployed collectively on a global scale over the next thirty years, they represent a credible path forward, not just to slow the earth’s warming but to reach drawdown, that point in time when greenhouse gases in the atmosphere peak and begin to decline. These measures promise cascading benefits to human health, security, prosperity, and well-being—giving us every reason to see this planetary crisis as an opportunity to create a just and livable world.

**Disease Control Priorities, Third Edition (Volume 2)** Robert Black 2016-04-11 The evaluation of reproductive, maternal, newborn, and child health (RMNCH) by the Disease Control Priorities, Third Edition (DCP3) focuses on maternal conditions, childhood illness, and malnutrition. Specifically, the chapters address acute illness and undernutrition in children, principally under age 5. It also covers maternal mortality, morbidity, stillbirth, and influences to pregnancy and pre-pregnancy. Volume 3 focuses on developments since the publication of DCP2 and will also include the transition to older childhood, in particular, the overlap and commonality with the child development volume. The DCP3 evaluation of these conditions produced three key findings: 1. There is significant difficulty in measuring the burden of key conditions such as unintended pregnancy, unsafe abortion, nonsexually transmitted infections, infertility, and violence against women. 2. Investments in the continuum of care can have significant returns for improved and equitable access, health, poverty, and health systems. 3. There is a large difference in how RMNCH conditions affect different income groups; investments in RMNCH can lessen the disparity in terms of both health and financial risk.

*Essentials of Family Planning* Josephine Barnes 1976-01-01

**Parents and Family Planning Services** Ann Cartwright 2017-07-12 Parents and Family Planning Services focuses on parents of a sample of newborns in twelve areas of England and Wales during the 1970s. The parents were asked about their contraceptive practices, attitudes toward different methods of birth control, and opinions of-and experience with-different types of services. General practitioners, health visitors, and doctors at family planning clinics were interviewed about their views and practices. This juxtaposition of the attitudes of parents and professionals highlights the reasons why people do not use effective methods of birth control, and leads to suggestions as to how they could be helped to do so. Several chapters discuss fathers' attitudes and actions, the views of parents and professionals, and the influence of religion, social class, education, and geographic location. The final chapter is concerned with possible changes in contraceptive habits, and the ways in which services can develop to help more women avoid unwanted pregnancies. The work has ongoing policy implications, and also indicates how attitudes and change evolve over time. Parents and Family Planning Services is predicated on the assumption that unwanted fertility is to be avoided. It underscores the need for a proliferation of different sorts of services: more clinics, an increase in the help and advice given at hospitals, the development of a supportive and integrated home service. This volume is a significant contribution to the literature in this vital field. It remains essential reading for both professionals and concerned policy personnel, particularly those interested in the evolution of policy and practice.

*Family Planning* 2007 "United States Agency for International Development, Bureau for Global Health, Office of Population and Reproductive Health."

*Essentials of Personal Financial Planning* Susan M. Tillery 2018-09-21 ESSENTIALS OF PERSONAL FINANCIAL PLANNING Essentials of Personal Financial Planning was written to challenge the status quo by promoting personal financial planning (PFP) as a profession, not as a sales tool to gather assets under management or facilitate sales of insurance products. The book takes a comprehensive and integrated approach to PFP for accounting students, allowing them to view the profession through the lens of a CPA -

with integrity and objectivity. This book systematically introduces the essentials of all the major PFP topics (estate, retirement, investments, insurance, and tax), as well as: The PFP process, concepts and regulatory environment. Professional responsibilities of a CPA personal financial planner and the requirements of the Statement on Standards in PFP Services. Time value of money concepts. The book then builds on these foundational concepts, showing their interconnectivity and professional opportunities, to provide a deeper understanding of PFP and its application. After reading this book, students will be able to apply the knowledge and skills gained from this course to have an immediate and long-term positive impact for themselves and for the clients they serve.

*FPA Contraceptive Handbook* Toni Belfield 1993-01-01

*Contraception for the Medically Challenging Patient* Rebecca H. Allen 2014-09-03 Women with chronic medical problems are at higher risk for complications during pregnancy and therefore, they are especially in need of appropriate preconception and contraception care. Furthermore, many women with chronic medical problems do not obtain adequate preconception and contraception care. Despite published guidelines by the Centers for Disease Control and Prevention, there is a substantial gap in medical practice regarding the use of contraception in women with co-existing medical problems. Contraception for the Medically Challenging Patient fills the gap that currently exists in the knowledge of correct contraceptive prescribing practice and shows that inappropriate contraindications can easily become a barrier to effective contraception use among women. Chapters highlight obsolete views about appropriate candidates for contraception and address the complex contraceptive needs of today's medically challenging patients with HIV/AIDS, uterine fibroids or cardiac, neurologic or thyroid disease. The book gives attention to recommendations on the use of contraception in women with medical problems such as diabetes, obesity, epilepsy, and lupus, among others and provides comprehensive information regarding the effects that certain drugs may have on contraceptive hormone levels. While national guidelines do exist for contraceptive eligibility, this book discusses in more detail the evidence behind the guideline recommendations and the nuances that clinicians confront in daily practice.

*Natural Family Planning* 1980

**The Essential Homebirth Guide** Jane E. Drichta 2013-02-12 Birthing is a miraculous time when you and your baby will work together to bring about life. As you finally cradle your precious newborn in your arms, you should know deep in your soul that every decision that brought the two of you to this special moment was yours. More families than ever are choosing to birth at home. Midwives Jane E. Drichta and Jodylyn Owen answer questions about the kind of care, support, and information you need as you investigate whether this option is right for you. Birth can be an empowering and positive experience, and this book provides gentle guidance, with high regard for your wisdom and ability to successfully navigate your prenatal care, birth, and early mothering. Enriched with real birth stories from new mothers, The Essential Homebirth Guide offers thoughtful, compassionate advice on a wealth of birthing topics, including: • Building a supportive homebirth community • Caring for yourself and your baby from your pregnancy through the postpartum period • Communicating about your birthing plans with your midwife, your partner, and your family and friends • Deciding whether homebirth is safe for you • Educating yourself about common pregnancy-related issues • Preparing your home and your family for the big day

*Broadcasting Birth Control* Manon Parry 2013-08-23 Traditionally, the history of the birth control movement has been told through the accounts of the leaders, organizations, and legislation that shaped the campaign. Recently, historians have begun examining the cultural work of printed media, including newspapers, magazines, and even novels in fostering support for the cause. Broadcasting Birth Control builds on this new scholarship to explore the films and radio and television broadcasts developed by twentieth-century birth control advocates to promote family planning at home in the United States, and in the expanding international arena of population control. Mass media, Manon Parry contends, was critical to the birth control movement’s attempts to build support and later to publicize the idea of fertility control and the availability of contraceptive services in the United States and around the world. Though these public efforts in advertising and education were undertaken initially by leading advocates, including Margaret Sanger, increasingly a growing class of public communications experts took on the role, mimicking the efforts of commercial advertisers to promote health and contraception in short plays, cartoons, films, and

soap operas. In this way, they made a private subject—fertility control—appropriate for public discussion. Parry examines these trends to shed light on the contested nature of the motivations of birth control advocates. Acknowledging that supporters of contraception were not always motivated by the best interests of individual women, Parry concludes that family planning advocates were nonetheless convinced of women's desire for contraception and highly aware of the ethical issues involved in the use of the media to inform and persuade.

**Family Planning and the 2030 Agenda for Sustainable Development (Data Booklet)** United Nations Publications 2019-10-31 This booklet is based on the Estimates and Projections of Family Planning Indicators 2019, which includes estimates at the global, regional and country level of contraceptive prevalence, unmet need for family planning and SDG indicator 3.7.1 "Proportion of women who have their need for family planning satisfied by modern methods".

*The Essentials of Contraceptive Technology* Robert Anthony Hatcher 1997

## Essentials Of Family Planning

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