

Emotional Expression

The Creative Journal Lucia Capacchione 2015-09-15 Originally released in 1980, Lucia Capacchione's *The Creative Journal* has become a classic in the fields of art therapy, memoir and creative writing, art journaling, and creativity development. Using more than fifty prompts and vibrantly illustrated examples, Capacchione guides readers through drawing and writing exercises to release feelings, explore dreams, and solve problems creatively. Topics include emotional expression, healing the past, exploring relationships, self-inventory, health, life goals, and more. The *Creative Journal* introduced the world to Capacchione's groundbreaking technique of writing with the nondominant hand for brain balancing, finding innate wisdom, and developing creative potential. This thirty-fifth anniversary edition includes a new introduction and an appendix listing the many venues that have adopted Capacchione's methods, including public schools, recovery programs, illness support groups, spiritual retreats, and prisons. The *Creative Journal* has become a mainstay text for college courses in psychology, art therapy, and creative writing. It has proven useful for journal keepers, counselors, and teachers. Through doodles, scribbles, written inner dialogues, and letters, people of all ages have discovered vast inner resources.

The Heart of Vocal Harmony Deke Sharon 2016-07-01 (Music Pro Guide Books & DVDs). Most choirs spend their rehearsal time focusing on notes, rhythms, and precision. They rarely, if ever, discuss a song's meaning and feeling, even though those elements are precisely what draws people to the music in the first place. Thousands of books have been written about choral technique, teaching people how to sing technically well. What sets *The Heart of Vocal Harmony* apart is its focus on honest unified expression and the process of delivering an emotionally compelling performance. It delves into an underdeveloped vocal topic the heart of the music and the process involved with expressing it. *The Heart of Vocal Harmony* is not just for a cappella groups it is also for vocal harmony groups, ensembles, and choirs at all levels, with or without instruments. In addition to the process, the book features discussions with some of the biggest luminaries in vocal harmony: composers, arrangers, directors, singers, and groups including Eric Whitacre, Pentatonix, the Manhattan Transfer, and more!

Emotional Expression G. Collier 2014-01-14 First published in 1985. The purpose of this book is to draw together research on one aspect of verbal and nonverbal communication- emotional expression. The focus is on verbal and nonverbal behaviors associated with emotions. A distinction is made between expressive behaviors that occur spontaneously during emotions often without a person's awareness or control and more deliberate forms of communication where the person manipulates verbal and nonverbal cues in order to create an impression. The difference between expression and communication is introduced in Chapter 1 and developed throughout the book.

The Invisible Smile Jonathan Cole 2009 We are defined by our faces. They give identity, but, equally important, reveal our moods and emotions through facial expression. So what happens when the face cannot move? This book is about people who live with Möbius Syndrome, which has as its main feature an absence of movement of the muscles of facial expression from birth. People with Möbius cannot smile, frown, or look surprised or sad. Talking and eating are problematic, since their lips do not move. Even looking around is also difficult since the eyes cannot move either. The book is unique in giving those with Möbius a voice, allowing children and adults with the condition to explain what it is like. These fascinating biographies reveal much about the relation between face and facial expression, and emotional expression and emotional experience which we normally take for granted. The narratives also show the creative ways in which those with Möbius construct their lives and how they come to terms with and express their identities with, and yet, beyond their faces. Some with Möbius have been thought to have learning difficulties and autism, since an impassive immobile face has been assumed to reflect inner cognitive problems. This book criticizes such work and asks people to look not only at the face but beyond it to see the person. Throughout the book, several themes emerge, of which perhaps the most surprising is the reduced emotional experience those with Möbius can have as children and young adults and the journeys they go on as they realize this and then assimilate emotion from the outside in. The result of a 4 year collaboration between a clinician/neuroscientist and a teacher/lobbyist who lives with Möbius, *The Invisible Smile*

provides an authentic, personal and moving account of this disorder. *Unmasking the Face* Paul Ekman 2003 Filled with breakthrough research, the book explains how to identify the facial expression of basic emotions and how to tell when people try to mask, simulate or neutralize their expression. Features practical exercises to help build skills.

The Psychology of Facial Expression James A. Russell 1997-03-28 This reference work provides broad and up-to-date coverage of the major perspectives - ethological, neurobehavioral, developmental, dynamic systems, componential - on facial expression. It reviews Darwin's legacy in the theories of Izard and Tomkins and in Fridlund's recently proposed Behavioral Ecology theory. It explores continuing controversies on universality and innateness. It also updates the research guidelines of Ekman, Friesen and Ellsworth. This book anticipates emerging research questions: what is the role of culture in children's understanding of faces? In what precise ways do faces depend on the immediate context? What is the ecology of facial expression: when do different expressions occur and in what frequency? *The Psychology of Facial Expressions* is aimed at students, researchers and educators in psychology anthropology, and sociology who are interested in the emotive and communicative uses of facial expression.

Making Minds Professor Henry M. Wellman 2014-10-09 Developmental psychologists coined the term "theory of mind" to describe how we understand our shifting mental states in daily life. Over the past twenty years researchers have provided rich, provocative data showing that from an early age, children develop a sophisticated and consistent "theory of mind" by attributing their desires, beliefs, and emotions to themselves and to others. Remarkably, infants barely a few months old are able to attend closely to other humans; two-year-olds can articulate the desires and feelings of others and comfort those in distress; and three- and four-year-olds can talk about thoughts abstractly and engage in lies and trickery. This book provides a deeper examination of how "theory of mind" develops. Building on his pioneering research in *The Child's Theory of Mind* (1990), Henry M. Wellman reports on all that we have learned in the past twenty years with chapters on evolution and the brain bases of theory of mind, and updated explanations of theory theory and later theoretical developments, including how children conceive of extraordinary minds such as those belonging to superheroes or supernatural beings. Engaging and accessibly written, Wellman's work will appeal especially to scholars and students working in psychology, philosophy, cultural studies, and social cognition.

Darwin and Facial Expression Paul Ekman 2006 In *Darwin and Facial Expression*, Paul Ekman and a cast of other notable scholars and scientists reconsider the central concepts and key sources of information in Darwin's work on emotional expression. First published in 1972 to celebrate the centennial of the publication of Darwin's *The Expression of the Emotions in Man and Animals*, *Darwin and Facial Expression* is the first of three works edited by Dr. Ekman and others on the subject. This Malor edition contains new and updated references. Darwin claimed that we cannot understand human emotional expression without understanding the emotional expressions of animals, as our emotional expressions are in large part determined by our evolution. Not only are there similarities in the appearance of some emotional expressions between man and certain other animals, but the principles that explain why a particular emotional expression occurs with a particular emotion also apply across species.

The Expression of Emotion Catharine Abell 2016-09-22 *The Expression of Emotion* collects cutting-edge essays on emotional expression written by leading philosophers, psychologists, and legal theorists. It highlights areas of interdisciplinary research interest, including facial expression, expressive action, and the role of both normativity and context in emotion perception. Whilst philosophical discussion of emotional expression has addressed the nature of expression and its relation to action theory, psychological work on the topic has focused on the specific mechanisms underpinning different facial expressions and their recognition. Further, work in both legal and political theory has had much to say about the normative role of emotional expressions, but would benefit from greater engagement with both psychological and philosophical research. In combining philosophical, psychological, and legal work on emotional expression, the present volume brings these distinct approaches into a productive conversation.

Emotion in Social Relations Brian Parkinson 2005-01-01 Within psychology, emotion is often treated as something private and personal. In contrast, this book tries to understand emotion from the 'outside,' by examining the everyday social settings in which it operates. Three levels of social influence are considered in decreasing order of inclusiveness, starting with the surrounding culture and subculture, moving on to the more delimited organization or group, and finally focusing on the interpersonal setting.

Emotional Expression Among Cree Indians Nadia Ferrara 1999 This study examines cultural differences in styles of emotional expression and psychological mindedness by comparing two groups: Euro-Canadians and Cree-Amerindians. It investigates the ethnographic, historical and cultural context of the Cree People as well as their style of communication, narratives, beliefs and views of imagery, dreams and art. Working with the Cree people, the author discovers that art therapy provides an effective channel of emotional communication for many of them: thus, inability to discuss feelings, imagery or fantasy may not indicate an underlying psychological deficit.

The Navigation of Feeling William M. Reddy 2001-09-10 In *The Navigation of Feeling: A Framework for the History of Emotions*, William M. Reddy offers a theory of emotions which both critiques and expands upon recent research in the fields of anthropology and psychology. Exploring the links between emotion and cognition, between culture and emotional expression, Reddy applies this theory of emotions to the processes of history. He demonstrates how emotions change over time, how emotions have a very important impact on the course of events, and how different social orders either facilitate or constrain emotional life. In an investigation of Revolutionary France, where sentimentalism in literature and philosophy had promised a new and unprecedented kind of emotional liberty, Reddy's theory of emotions and historical change is successfully put to the test.

Stemming the Torrent Gesa Stedman 2020-09-10 This title was first published in 2002: Gesa Stedman mines the vein of emotion in Victorian writing to unearth new insights into the ways literature responded to the dramatic social and political changes then taking place. Contemporary research from various disciplines, including sociology, ethnology and history, inform this study, which juxtaposes canonical material such as Dickens' "Hard Times", Charlotte Bronte's "Shirley" and Germaine de Stael's "Corinne" with popular novels and non-fictional texts, such as "The Education of the Heart" by Sarah Ellis and Darwin's "On the Expression of the Emotions in Man and Animals". The analysis deals with emotions applying to both genders, but includes a special section examining the representation of emotion in relation to women. The book aims to provide new insight into the literature of the period, and brings to light new material for scholars interested in the philosophy and psychology of emotions.

Expressing Emotion Eileen Kennedy-Moore 2001-03-01 This volume examines expressions of such feelings as love, anger, and sadness, and highlights the individual and interpersonal processes that shape emotional behavior. It offers a lively and comprehensive discussion of the role of emotional expression and nonexpression in individual adaptation, social interaction, and therapeutic process. Drawing upon extensive theory and research, the authors provide coherent guidelines to help clinicians, researchers, and students identify, conceptualize, and treat problems in emotional behavior. This guide is an important resource for teachers, students, and researchers of clinical, counseling, social, personality, and health psychology, as well as practicing counselors and psychotherapists. It will also serve as a text in advanced undergraduate and graduate-level courses on emotion and interpersonal communication, and in graduate-level counseling and psychotherapy seminars.

Emotions Revealed Paul Ekman 2004-03 Discusses the universality of facial expressions, explains how they can be read for specific emotions, and discusses ways to control one's emotional reactions and channel emotions into constructive behavior.

Interpreting the Personal Susan Leslie Campbell 1997 The author reinstates the personal as an important dimension in analytic philosophy of mind. She argues that the category of feelings has a unique role in psychological explanation: the expression of feelings is the attempt to communicate personal significance. To develop a model for affective meaning, the author moves attention away from the classic emotions to feelings which are more personal, inchoate and idiosyncratic.

Emotional Expression and Health Ivan Nyklíček 2004-03 *Emotional Expression and Health* covers the major themes that are important for gaining insight into the role emotional expression and inhibition may play in staying healthy or falling ill.

Emotion: All That Matters Sandi Mann 2014-08-29 Despite decades of debate, psychologists are still undecided on what exactly emotion is. This book will help students and general readers to explore emotion and reach their own conclusions. The fascinating, and sometimes controversial, topics covered include what emotions actually are, how they are portrayed and recognised, why negative emotions arise and how they can be managed, whether emotion can be effectively faked or hidden, and how emotions affect decision-making. A final chapter, 'The route to happiness', discusses the most sought-after emotion of all, and asks how the research around emotion can be applied practically.

The Language of Emotions Susanne Niemeier 1997-04-03 Since the celebration of the 100th anniversary of Darwin's *The Language of the Emotions in Man and Animals* (1872), emotionology has become a respectable and even thriving research domain again. The domain of human emotions is most important for mankind, emotions being right in the center of our daily lives and interests. A key-role in the interdisciplinary scientific debate about emotions has now been accorded to the study of the language of emotions. The present volume offers a new approach to the study of the language of emotions insofar as it presents theories from very different perspectives. It encompasses studies by scholars from diverse disciplines such as linguistics, sociology, and psychology. The topics of the contributions also cover a range of special fields of interest in four major sections. In a first section, a discussion of theoretical issues in the analysis of emotions is presented. The conceptualization of emotions in specific cultures is analyzed in section 2. Section 3 takes a different inroad into the language of emotions by looking at developmental approaches giving evidence of the fact that the acquisition of the language of emotions is a social achievement that simultaneously determines our experience of these emotions. Section 4 is devoted to emotional language in action, that is, the contributions focus upon different types of texts and analyze how emotions are referred to and expressed in discourse.

Children's Belief about the Social Consequences of Emotional Expression

Jose A. Feito 1997-08 This study investigated young children's expectations regarding others' potential reactions to their emotional displays. These expectations were considered precursors to the display rules for emotional expression evident in middle childhood. Possible gender differences in the children's expectancies for the expression of anger, sadness and fear were examined. Preschool and early grade school children (ages 4.3-6.4 & 7.0-8.7, respectively) were presented with eight hypothetical narratives illustrated with felt puppets. The identity of an audience figure accompanying the protagonist of each narrative varied between subjects in three experimental conditions: mother, father, and same-sex peer. The narratives also varied the social context within which the protagonist expressed an emotion. The scenarios were qualitatively coded to assess if children expected favorable or unfavorable reactions from the audience figure to the protagonist's emotional display. The expression of anger elicited substantial unfavorable expectancies from children in both age groups but the expression of sadness and fear did not. It was theorized that the display rules for these emotions have different developmental timelines. Anger receives early socialization pressure while sadness and fear are not sanctioned until after approximately age 8. Children expected peers and parents to respond equally unfavorably to expressions of anger, suggesting that both groups are important agents in emotional socialization at this age. Unlike the preschoolers, the early grade school children used social information about a provocateur's status and intentions to mediate their expectations regarding audience reactions to anger. The only significant gender difference to emerge was that the older girls expected mothers to be more disapproving of anger than fathers or peers. It was suggested that gender role requirements for emotional expression may not be enforced until children reach grade school ages and that the same-sex parent may come to be the primary socialization agent for these roles. Asian-American children held fewer unfavorable expectancies for the expression of anger than children of other ethnicities. African-American girls held more unfavorable expectancies for the expression of anger than African-American boys. Future research should elaborate upon the specific content and developmental timelines associated with different cultures' emotional display rules.

Living with Feeling Lucia Capacchione 2001 An outline and instructional guide explains how to use artistic expression to achieve emotional equilibrium and start on the road to self-discovery.

Deeper than Reason Jenefer Robinson 2005-04-07 *Deeper than Reason* takes the insights of modern psychological and neuroscientific research

on the emotions and brings them to bear on questions about our emotional involvement with the arts. Robinson begins by laying out a theory of emotion, one that is supported by the best evidence from current empirical work on emotions, and then in the light of this theory examines some of the ways in which the emotions function in the arts. Written in a clear and engaging style, her book will make fascinating reading for anyone who is interested in the emotions and how they work, as well as anyone engaged with the arts and aesthetics, especially with questions about emotional expression in the arts, emotional experience of art forms, and, more generally, artistic interpretation. Part One develops a theory of emotions as processes, having at their core non-cognitive 'instinctive' appraisals, 'deeper than reason', which automatically induce physiological changes and action tendencies, and which then give way to cognitive monitoring of the situation. Part Two examines the role of the emotions in understanding literature, especially the great realistic novels of the nineteenth century. Robinson argues that such works need to be experienced emotionally if they are to be properly understood. A detailed reading of Edith Wharton's novel *The Reef* demonstrates how a great novel can educate us emotionally by first evoking instinctive emotional responses and then getting us to cognitively monitor and reflect upon them. Part Three puts forward a new Romantic theory of emotional expression in the arts. Part Four deals with music, both the emotional expression of emotion in music, whether vocal or instrumental, and the arousal of emotion by music. The way music arouses emotion lends indirect support to the theory of emotion outlined in Part One. While grounded in the science of emotion, *Deeper than Reason* demonstrates the continuing importance of the arts and humanities to our lives.

The Cambridge Handbook of Human Affective Neuroscience Jorge Armony 2013-01-21
Neuroscientific research on emotion has developed dramatically over the past decade. The cognitive neuroscience of human emotion, which has emerged as the new and thriving area of 'affective neuroscience', is rapidly rendering existing overviews of the field obsolete. This handbook provides a comprehensive, up-to-date and authoritative survey of knowledge and topics investigated in this cutting-edge field. It covers a range of topics, from face and voice perception to pain and music, as well as social behaviors and decision making. The book considers and interrogates multiple research methods, among them brain imaging and physiology measurements, as well as methods used to evaluate behavior and genetics. Editors Jorge Armony and Patrik Vuilleumier have enlisted well-known and active researchers from more than twenty institutions across three continents, bringing geographic as well as methodological breadth to the collection. This timely volume will become a key reference work for researchers and students in the growing field of neuroscience.

The Science of Facial Expression José Miguel Fernández Dols 2017
Every Decade has seen work that extends or challenges previous thinking on facial expression. *The Science of Facial Expression* provides an updated review of the current psychology of facial expression, summarizing current conclusion and conceptual frameworks from leading figures who have shaped their various subfields. It will be of interest to practitioners, students, and researchers of emotion in cognitive psychology, neuroscience, biology, anthropology, linguistics, affective computing, and homeland security. Book jacket.

The Social Nature of Emotion Expression Ursula Hess 2019-12-12
This book provides an overview of theoretical thinking about the communicative scope of emotional expressions as well as an overview of the state of the art research in emotional psychology. For many years, research in emotional psychology has been primarily concerned with the labeling of emotion expressions and the link between emotion expressions and the expresser's internal state. Following recent trends in research devoting specific attention to the social signal value of emotions, contributors emphasize the nature of emotion expressions as information about the person and the situation, including the social norms and standards relevant to the situation. Focusing on the role of emotion expressions as communicative acts, this timely book seeks to advance a line of theoretical thinking that goes beyond the view of emotion expressions as symptoms of an intrapersonal phenomenon to focus on their interpersonal function. *The Social Nature of Emotion Expression* will be of interest to researchers in emotional psychology, as well as specialists in nonverbal behavior, communication, linguistics, ethology and ethnography.

GENDER, EMOTION, AND THE FAMILY Leslie BRODY 2001
Do women express their feelings more than men? Popular stereotypes say they do, but in this provocative book, Leslie Brody breaks with

conventional wisdom. Integrating a wealth of perspectives and research--biological, sociocultural, developmental--her work explores the nature and extent of gender differences in emotional expression, as well as the endlessly complex question of how such differences come about. Nurture, far more than nature, emerges here as the stronger force in fashioning gender differences in emotional expression. Brody shows that whether and how men and women express their feelings varies widely from situation to situation and from culture to culture, and depends on a number of particular characteristics including age, ethnicity, cultural background, power, and status. Especially pertinent is the organization of the family, in which boys and girls elicit and absorb different emotional strategies. Brody also examines the importance of gender roles, whether in the family, the peer group, or the culture at large, as men and women use various patterns of emotional expression to adapt to power and status imbalances. Lucid and level-headed, *Gender, Emotion, and the Family* offers an unusually rich and nuanced picture of the great range of male and female emotional styles, and the variety of the human character. Reviews of this book: *Gender, Emotion, and the Family* focuses on gender differences in the experience and expression of emotion...[Brody] has gathered an amazing amount of data from innumerable studies...[and gives] a balanced account of the effect of environmental variables on the development of emotion. --Lucy Horwitz, Boston Book Review
Reviews of this book: Finally, an accurate and well-balanced discussion of topics that are on everybody's mind. Brody integrates research on the socialization of violence in boys and of the caretaking role for girls. Both this book and actual scientific research strongly support the role of nurture rather than nature in gender socialization...[A] highly recommended book. --F. Smolucha, Choice
Reviews of this book: Drawing on a wealth of information, [Leslie Brody] illuminates the ways in which men and women, boys and girls, develop and express emotions in the context of the family...This in-depth research addresses many issues, from power in relationships to the physiological expression of emotion; evidence of contradictory findings is detailed. This is a valuable addition to the ever-changing frontiers of behavior research. --Margaret Cardwell, Library Journal
Reviews of this book: Beyond the main points about the complexities and contingencies of gender differences and their development, the book contains accounts of many, many fascinating studies and intriguing points of view. . . . Brody ultimately succeeds in articulating a comprehensive, thoughtful, and intellectually rigorous review of the research literature on gender differences in emotional expression, from a feminist empiricist perspective. This is an important book to own . . . a valuable reference for researchers and professionals. --Contemporary Psychology
Brody has formidable mastery of this burgeoning field. *Gender, Emotion, and the Family* offers new theoretical insights for lay readers and fellow scholars alike. Highly readable, responsible, and original, this will be the major work on the socialization of emotion for a long time to come. --Judith A. Hall, Northeastern University
A beautifully written text that integrates theory and research in a sophisticated yet highly readable way. Brody examines the development of emotional experience and expression in the family and the intimate connections between emotion, familial relationships, and gender. Brody's tremendous breadth of scholarship shows in every chapter, and her thoughtful, comprehensive, and insightful responses to the complex questions in the field are a must read for students and scholars alike. --Amy G. Halberstadt, North Carolina State University
Leslie Brody provides a careful evaluation of the research data on precisely what the gender differences are--and are not--in emotional experience and expression, but that is only the first strength of her book. With an original and complex transactional theory, she shows how physiological, relational and cultural factors interact in creating gender differences in emotion, and reminds us how peculiar it is to try--as psychologists have!-- to make much of any single factor. *Gender, Emotion, and the Family* outlines a compelling research agenda that will move the next generation of empirical studies to a new and much more exciting level. --Abigail Stewart, Professor of Psychology and Women's Studies, University of Michigan
An invaluable resource for researchers on all aspects of the psychology and sociology of gender, *Gender, Emotion, and the Family* comprehensively synthesizes and re-analyzes the enormous research literature on supposed gender differences in emotional expression. Leslie Brody offers a clear and compelling critique of the widespread belief that males and females have essentially different emotional styles. Arguing that apparent gender differences in emotion are closely related to gender differences in dominance and power, Brody illuminates the great diversity of experience and behavior found among members of the same sex, and

reminds us of the powerful role played by stereotypes in dictating emotions that men and women should display, and the pressures they feel to conform to those stereotypes. --Elizabeth Aries, Amherst College

Brody has formidable mastery of this burgeoning field. *Gender, Emotion, and the Family* offers new theoretical insights for lay readers and fellow scholars alike. Highly readable, responsible, and original, this will be the major work on the socialization of emotion for a long time to come. --Judith A. Hall, Northeastern University

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Group Dynamics and Emotional Expression Ursula Hess 2007-01-29 The study of emotional expressions has a long tradition in psychology. Although research in this domain has extensively studied the social context factors that influence the expresser's facial display, the perceiver was considered passive. This 2007 book focuses on more recent developments that show that the perceiver is also subject to the same social rules and norms that guide the expresser's behavior and that knowledge of relevant emotion norms can influence how emotional expressions shown by members of different groups are perceived and interpreted. Factors such as ethnic-group membership, gender and relative status all influence not only emotional expressions but also the interpretation of emotional expressions shown by members of different groups. Specifically, the research presented asks the question of whether and why the same expressions shown by men or women, members of different ethnic groups, or individuals high and low in status are interpreted differently.

Emotional Expression G. Collier 2014-01-14 First published in 1985. The purpose of this book is to draw together research on one aspect of verbal and nonverbal communication- emotional expression. The focus is on verbal and nonverbal behaviors associated with emotions. A distinction is made between expressive behaviors that occur spontaneously during emotions often without a person's awareness or control and more deliberate forms of communication where the person manipulates verbal and nonverbal cues in order to create an impression. The difference between expression and communication is introduced in Chapter 1 and developed throughout the book.

Emotional Expression and Health Ivan Nyklíček 2004 This book covers the major themes that are important for gaining insight into the role of emotional expression and inhibition may play in staying healthy or falling ill. Chapters rely on thorough theory building and empirical research, and focus on how we can measure emotional expression or inhibition and how we can distinguish between their various facets, as well as the role of attachment and the development of emotional information processing. (Midwest).

Shakespeare and Emotional Expression Bríd Phillips 2022-03-31 *Shakespeare and Emotional Expression* offers an exciting new way of considering emotional transactions in Shakespearean drama. The book is significant in its scope and originality as it uses the innovative medium of colour terms and references to interrogate the early modern emotional register. By examining contextual and cultural influences, this work explores the impact these influences have on the relationship between colour and emotion and argues for the importance of considering chromatic references as a means to uncover emotional significances. Using a broad range of documents, it offers a wider understanding of affective expression in the early modern period through a detailed examination of several dramatic works. Although colour meanings fluctuate, by paying particular attention to contextual clues and the historically specific cultural situations of Shakespeare's plays, this book uncovers emotional significances that are not always apparent to modern audiences and readers. Through its examination of the nexus between the history of emotions and the social and cultural uses of colour in early modern drama, *Shakespeare and Emotional Expression* adds to our understanding of the expressive and affective possibilities in Shakespearean drama.

Communicating Emotion Sally Planalp 1999 The modern world is forcing us to understand emotion in order to cope with new problems such as road rage and epidemic levels of depression, as well as age-old problems such as homicide, genocide and racial tension. At the same time,

scholarly research is leading us to appreciate how emotion helps us to understand and transcend our selfish interests, to connect with others, to feel what is just and moral, and not just think it, and to construct societies and cultures that govern our joint efforts. This book draws upon scholarly research to address, explain and legitimize the role that emotion plays in everyday interaction and in many of the pressing social, moral, and cultural issues that we face today.

The Emotion Thesaurus: A Writer's Guide to Character Expression (2nd Edition) Becca Puglisi 2019-02-19

The bestselling *Emotion Thesaurus*, often hailed as "the gold standard for writers" and credited with transforming how writers craft emotion, has now been expanded to include 56 new entries! One of the biggest struggles for writers is how to convey emotion to readers in a unique and compelling way. When showing our characters' feelings, we often use the first idea that comes to mind, and they end up smiling, nodding, and frowning too much. If you need inspiration for creating characters' emotional responses that are personalized and evocative, this ultimate show-don't-tell guide for emotion can help. It includes:

- Body language cues, thoughts, and visceral responses for over 130 emotions that cover a range of intensity from mild to severe, providing innumerable options for individualizing a character's reactions
- A breakdown of the biggest emotion-related writing problems and how to overcome them
- Advice on what should be done before drafting to make sure your characters' emotions will be realistic and consistent
- Instruction for how to show hidden feelings and emotional subtext through dialogue and nonverbal cues
- And much more!

The *Emotion Thesaurus*, in its easy-to-navigate list format, will inspire you to create stronger, fresher character expressions and engage readers from your first page to your last.

Encyclopedia of Behavioral Medicine Marc D. Gellman

The Social Nature of Emotions Gerben A. van Kleef 2016-08-11 Emotion is a defining aspect of the human condition. Emotions pervade our social and professional lives, they affect our thinking and behavior, and they profoundly shape our relationships and social interactions. Emotions have traditionally been conceptualized and studied as individual phenomena, with research focusing on cognitive and expressive components and on physiological and neurological processes underlying emotional reactions. Over the last two decades, however, an increasing scholarly awareness has emerged that emotions are inherently social - that is, they tend to be elicited by other people, expressed at other people, and regulated to influence other people or to comply with social norms (Fischer & Manstead, 2008; Keltner & Haidt, 1999; Parkinson, 1996; Van Kleef, 2009). Despite this increasing awareness, the inclusion of the social dimension as a fundamental element in emotion research is still in its infancy (Fischer & Van Kleef, 2010). We therefore organized this special Research Topic on the social nature of emotions to review the state of the art in research and methodology and to stimulate theorizing and future research. The emerging field of research into the social nature of emotions has focused on three broad sets of questions. The first set of questions pertains to how social-contextual factors shape the experience, regulation, and expression of emotions. Studies have shown, for instance, that the social context influences the emotions people feel and express (Clark, Fitness, & Brissette, 2004; Doosje, Branscombe, Spears, & Manstead, 2004; Fischer & Evers, 2011). The second set of questions concerns social-contextual influences on the recognition and interpretation of emotional expressions. Studies have shown that facial expressions are interpreted quite differently depending on the social context (e.g., in terms of status, culture, or gender) in which they are expressed (Elfenbein & Ambady, 2002; Hess & Fischer, 2013; Mesquita & Markus, 2004; Tiedens, 2001). The third set of questions has to do with the ways in which people respond to the emotional expressions of others, and how such responses are shaped by the social context. Studies have shown that emotional expressions can influence the behavior of others, for instance in group settings (Barsade, 2002; Cheshin, Rafaeli & Bos, 2011; Heerdink, Van Kleef, Homan, & Fischer, 2013), negotiations (Sinaceur & Tiedens, 2006; Van Kleef, De Dreu, & Manstead, 2004), and leadership (Sy, Côté, & Saavedra, 2005; Van Kleef, Homan, Beersma, & Van Knippenberg, 2010). This Research Topic centers around these and related questions regarding the social nature of emotions, thereby highlighting new research opportunities and guiding future directions in the field. We bring together a collection of papers to provide an encyclopedic, open-access snapshot of the current state of the art of theorizing and research on the social nature of emotion. The state of the art work that is presented in this e-book helps advance the understanding of the social nature of emotions. It brings together the latest cutting-edge findings and thoughts on this central

topic in emotion science, as it heads toward the next frontier.

Feeling Well Emma Tunbridge 2019-04-18 Journey through your body and meet the flavors of your feelings with this introduction to Emotional Alchemy. Through color, animals, visualization, texture, sound and movement, you can begin to get to know your emotional body. Gain awareness and begin building a toolkit for healthy emotional expression and regulation, with safety and non-violence at the core.

Emotions and Affect in Human Factors and Human-Computer Interaction Myoungsoon Jeon 2017-05-17 Emotions and Affect in Human Factors and Human-Computer Interaction is a complete guide for conducting affect-related research and design projects in H/F and HCI domains. Introducing necessary concepts, methods, approaches, and applications, the book highlights how critical emotions and affect are to everyday life and interaction with cognitive artifacts. The text covers the basis of neural mechanisms of affective phenomena, as well as representative approaches to Affective Computing, Kansei Engineering, Hedonomics, and Emotional Design. The methodologies section includes affect induction techniques, measurement techniques, detection and recognition techniques, and regulation models and strategies. The application chapters discuss various H/F and HCI domains: product design, human-robot interaction, behavioral health and game design, and transportation. Engineers and designers can learn and apply psychological theories and mechanisms to account for their affect-related research and can develop their own domain-specific theory. The approach outlined in this handbook works to close the existing gap between the traditional affect research and the emerging field of affective design and affective computing. Provides a theoretical background of affective sciences Demonstrates diverse affect induction methods in actual research settings Describes sensing technologies, such as brain-computer interfaces, facial expression detection, and more Covers emotion modeling and its application to regulation processes Includes case studies and applied examples in a variety of H/F and HCI application areas Addresses emerging interdisciplinary areas including Positive Technology, Subliminal Perception, Physiological Computing, and Aesthetic Computing

Interactions between emotions and social context - Basic, clinical and non-human evidence Maria Ruz 2014-07-17 The emotions that we feel and also those that we perceive in others are crucial to the social functioning of both humans and non-human animals. Although the role of context has been extensively studied in basic sensory processing, its relevance for social cognition and emotional processing is little understood. In recent years, several lines of research at the behavioral and neural levels have highlighted the bidirectional interactions that take place between emotions and social context. Experienced emotions, even when incidental, bias decision-making. Remarkably, even basic emotions can be strongly influenced by situational contexts. In addition, both humans and non-human animals can use emotional expressions strategically as a means of influencing and managing the behavioral response of others in relation to specific environmental situations. Moreover, social emotions (e.g., engaged in moral judgment, empathic concern and social norms) seem to be context-dependent, which also questions a purely abstract account of emotion understanding and expression, as well as other social cognition domains. The present Research Topic of *Frontiers in Human Neuroscience* highlights the need for a situated approach to emotion and social cognition. We presented theoretical and empirical work at the behavioral and neural levels that contribute to our understanding of emotion within a highly contextualized social realm, and vice-versa. Relevant contributions are presented from diverse fields, including ethology, neurology, biology, cognitive and social neuroscience, and as well as psychology and neuropsychiatry. This integrated approach that entails the interaction between emotion and social context provide important new insights into the growing field of social neuroscience.

Bilingual Minds Aneta Pavlenko 2006-03-09 Do bi- and multilinguals perceive themselves differently in their respective languages? Do they experience different emotions? How do they express emotions and do they have a favourite language for emotional expression? How are emotion words and concepts represented in the bi- and multilingual lexicons? This ground-breaking book opens up a new field of study, bilingualism and emotions, and provides intriguing answers to these and many related questions.

Linguistic Approaches to Emotions in Context Fabienne Baider 2014-03-15 This book presents new issues in the study of the interface of emotions and language, and their use in social context. Two fundamental questions are tackled: the way different languages encode emotional

information and the core role emotions play in languages' structure, use and learning. Seldom treated means of expressing emotions (such as interjections, conditionals, scalarity, allocentric constructions), the social and professional impact of emotions and the latest developments in the interface of speech recognition / emotions are some of the key contributions to this volume. The cross-cultural perspective contrasts new couples of languages (among which Australian aboriginal languages, Cypriot Greek, Italian, Japanese, Romanian, Russian) and addresses sociolinguistic, pragmatic and discursive issues. Most of the papers attempt interesting theoretical articulations that aim at a better understanding of the linguistic and sociolinguistic nature of emotions. This book will be highly relevant for students and researchers interested in emotions, semantics, pragmatics, discourse analysis, as well as prosody and philosophy of language.

Emotional Expression in Psychotherapy Robert A. Pierce 1983

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